

XXVIII Potomac Valley Skiers, Inc.

NUMBER

WASHINGTON

MARYLAND

VIRGINIA

#### President's Message

As we approach the annual meeting of 1992, how does one say "Thank You" when he owes so much to so many who have worked to make this another successful year for PVS? Those who are active in our club affairs know the many hours that go into any one program and that many workers are needed to help. However, for lack of a better phrase, I can only say, Thank You.

At the end of this fiscal year, Margaret Wyckoff retires after 17 years as our club Treasurer. Margaret has demonstrated the true meaning of a dedicated volunteer. In addition to her duties as Treasurer, Margaret together with husband Bob, has always vigorously supported club activities, been frequent trip leaders and participants, chaired or served on many committees and have shared their home for numerous club functions. On behalf of the entire membership, I extend a heartfelt Thank You to Margaret, and kudos for a job well done. Nancy Garrett has graciously accepted the appointment as Treasurer, assuming that duty-July 1, 1992. Thank you Nancy.

Sadly, it is now time to pack the old ski gear away for another long, hot summer; but, keep in touch with your PVS family as we have ways to keep you cool.



WHEN: TUESDAY, APRIL 21,1992

WHERE: HOME OF BARBARA AND FRED LEONHARDT 9419 JONGRONER COURT POTOMAC, MD. (Telephone: 301-279-9056).

WHAT: Come cast your vote in the election of new officers and new members. Now's your chance to be heard - aye or nay. Plus, of course -

an evening of socializing while enjoying the never-ending hospitality of the Leonhardts.

Directions: From Maryland, take #270 north to first exit (Old Georgetown Rd.). Bear right and go to first traffic light (Tuckerman Lane). Turn left and proceed 3.8 miles to Falls Rd. (Rte 189). Turn left at light and then take first right onto Winterset Dr. Go 2 blocks to end of street, go right onto Winterset Terrace and then right onto Jongroner Court. Second house on left is 9419. Enter here. FROM VIRGINIA , take beltway to River Road exit. Go north to Potomac Village (about 3.5 miles). Turn right onto Falls Rd. (Rte 189). Go 2.5 miles to Winterset Dr. (one block after light at Glen Rd.). Turn left and proceed as above.

### COMING EVENTS

#### DINING OUT GROUP - April 14, 1992

Join us for dinner on Tuesday, April 14, 1992. Meeting and greeting at 6:30, Dinner at 7:00 P.M. This month dinner is planned at DUANGRAT'S, 5878 Leesburg Pike, Bailey's Crossroads, (Falls Church), VA. DUANGRAT'S is a moderately priced Far Eastern (Thai) restaurant.

Directions: From the Capitol Beltway (Rt. 495) coming from Maryland, take Leesburg Pike (Rt. 7) East through Falls Church for approximately 3 1/2 miles past Seven Corners Shopping Center. Duangrat's is on the left side of Leesburg Pike just before Columbia Pike (Rt. 244) at No. 5878.

From Virginia or D.C., take Columbia Pike (Rt. 244) to the intersection with Leesburg Pike (Rt. 7) - this is called Bailays's Crossroads and go West on Leesburg Pike (Rt. 7) approximately 3 blocks. Duangrat's is on the right side of Leesburg Pike at No. 5878.

So that we may know how many to expect, please call Pat Tengel or John Smith at (301)299-8376 by Sunday, April 12.



APRIL 25,1992 - HIKE THE BILLY GOAT TRAIL 10:30 A.M.

Rain Date: Sunday, April 26,1992 10:30 A.M.

Join fellow hikers for the annual spring hike on the Billy Goat Trail bordering the Potomac River in Maryland. Scale the cliffs. Slide the shoots. Enjoy the wild flowers.

BRING LUNCH AND WEAR STURDY SHOES.

Meet in the parking lot opposite Old Angler's Inn at 10801 MacArthur Blvd. Parking will be TOUGH.

Leader: Lu Beale. (202-363-3521) No reservations necessary.

Directions: Take Beltway Exit for Carderock-Great Falls. Go all the way to the end of parkway , turn left on MacArthur Blvd. and proceed a couple of miles to Angler's Inn. Parking on left of road and maybe Inn parking lot.

> MAY 2 - High Noon. (Rain date: Sunday, May 3.) SATURDAY,

# SPRING BIKE OUTING

Route: St. Michaels to Tilghman Ishnd (13 miles), a stop for refueling (?) at the outdoor patio at The Bridge Restaurant and return. Flat terrain on Rt. 322.

Après Hike: Reservations will be made at Longfellows Restaurant for five o'clock.

DIRECTIONS: Rt.50 to Bay Bridge, continue for 28 miles, right on Rt.322, go 2 miles, right on Rt. 33 - 9 miles to St. Michaels, right on Mill St., immediate left into parking lot.

Call Myra Evans (703 - 620- 0545) to let her know you are coming info on bike rentals. or for

# \_\_\_\_ COMING EVENTS \_\_\_\_

SATURDAY, APRIL 25 - SPRING FLING 1992 - U. Of Maryland

This annual event supporting the 52 Assocs. of the Handicapped offers a ski auction, buffet dinner and dancing for \$25 per person. For info call (703) 892-1985.

# SATURDAY, MAY 16,1992 - ANNUAL FUN RUN AND BRUNCH WITH THE CLARKS

9 A.M. Rain or Shine.

This delightful event, limited to 24 for brunch (no limit for hikers only) is already fully subscribed. To be waitlisted call the Clarks (703)978-9435. Directions in May TOOT.

## SATURDAY, MAY 30 - LUAU AT THE WALNS' - 6 P.M.

Second time around for this immensely popular Polynesian evening hosted by Janet and Chris Waln who have spent time in the Islands and know how to entertain Hawaiian style. Limited to 25. Cost about \$14.

Island music, leis, photo ops, old and new pupus, entrees, desserts provided for your pleasure. Call the Walns (703) 912-7289). Directions in May TOOT.

#### SATURDAY, June 6 - ANNUAL SPRING HIKE

Leader Bob Marx will guide us on a 5-7 mile circuit hike on scenic Sugar Loaf Mountain near Comus, Maryland. Put it on your calendar and watch for details.

#### FRIDAY, JULY 10 - EVENING AT WOLF TRAP

Picnic supper and front-section orchestra seats for the National Symphony's rendition of Beethoven's Ninth Symphony. \$30 for evening . Call Barbara Leonhardt (301) 279-9056.

#### PAST EVENT

#### MARCH MEETING by Bette Walker

On St. Patrick's Day the Wyckoffs welcomed 45 or so PVS and Ers to the March meeting, a foine gathering of the Oirish if the wearin' of the green is the criterion.

Until Pres Bill Anderson called the meeting to order, members and guests wandered from rec room to dining room to enjoy tasty refreshments and friendly conversation. Ray McKinley announced coming events; Marilyn Clark reviewed membership requirements; and Pres Bill announced the resignation of Treasurer Margaret Wyckoff, thanking her for 17 years of excellent service. Nancy Garrett will take over the position.

The meeting adjourned, the buzz of conversation began again as did the

The meeting adjourned, the buzz of conversation began again as did the partaking of delectable comestibles. Many thanks, Margaret and Bob for your always cheerful hospitality.



# THE KNEE

by . Ray McKinley

This column may appear a bit more disjointed than normal. It's because it's Lent, and this year for Lent the Knee has given up discipline. (In previous years, I've given up smoking and wearing pantyhose.)

This was not a good year to have skied with Dean Worcester and Biddy Esher. They went to Whitetail once (dropping in to visit Irene Farrell in her new Frederick. Md abode en route). It was so crowded they skied only a few runs. Figuring everyone was there rather than Ski Liberty, they tried Liberty next. It was uncrowded, but slushy; they quit after one run. Two all-night trips to Mad River Glen in Vermont resulted in wretched conditions, a couple of hours of skiing, and immediate 8-hour return to Annapolis. Even on Shirley Rettig's trip to powder-capital Salt Lake City, Dean reported only "packed powder and corn." Dean and Biddy get the Knee and Sympathy.

From my Tails (ski, of course) of the Rich and Famous Department, <u>Peggy Burns</u> got a call recently from daughter Chantal, an executive at Baccarat Glass in France. Chantal asked if she could come to visit for the weekend. Seems a (very) well-to-do friend of hers was coming here with her two dogs on the Concorde. The friend had bought seats for each dog on the Concorde (yes, seats). However, Concorde rules require a human with each dog, so Chantal got what has to be the ultimate freebie! She recalls that when the steward came by for drinks, she said "I'll have Champagne and Emily will have a bowl of water..." Each appeared on serving tray with linen cloth.

Sometimes, skiing isn't all downhill. John Pulos recently returned from a Utah trip to find his house ransacked presumably by adolescent vandals, and some 68,000 gallons of water still flowing from maliciously opened fawcetts. The result: \$20,000 damages. Much more Knee and Sympathy!

TOOT Editor Lu Beale enjoyed not being TOOT Editor so much last month, that on

her return from Colorado she sent in her letter of resignation to Pres. <u>Bill Anderson</u>. Luckily for PVS, saner heads prevailed, talked to her, and several days later she unretired.

Thomas Jefferson, who was not a skier (there had to be a skiing tie in!), designed our governmental system with a series of checks and balances. Recently in Congress there have been many more checks than balances.

Charlie Huggins and Jack Peoples missed the March PVS meeting at the Wyckoff's! They were in Austria skiing at Zell am Zee, taking advantage of a free trip that Sara won at last year's ski show. Sara, on the other hand, was at the meeting.

Just to prove that this is (occasionally) a gossip column, <u>Karen Felker</u> and <u>Peggy Burns</u> both recently had their ears pierced. It's not true, by the way, that either of them left singing "Holy, holy, holy."

The <u>Flakes</u> are just back from a week at Sugarloaf, Maine. That's not the same Sugarloaf that we are going to hike up with the <u>Marx's</u> on June 6.

Since I promised not to write about <u>Huey Roberts</u> anymore...The short, blond guy has now skied over 90 days this season - recently with <u>Dick Comerford</u>, <u>Reg</u> and <u>Jean Heitchue</u>, <u>Kirk Burns</u>, <u>Irene Farrell</u> and some of the gang from <u>Dina Taylor's</u> trip, especially one-time Colorado Ski Patroller <u>Maryse Delevaux</u>. The rap on Huey? He skis fast and loves the bumps (but not the grinds).

Should we change our name to PGS - Potomac Geriatric Skiers?

Could <u>Bing Poon</u> be the season's last skier? On April 20, he's off for a week at Snowbird. It was at Snowbird three Christmases ago, standing in a fairly lengthy lift line, that I heard the following from someone trying to move up in line: "Single? Single? Ok, well, recently divorced?"

From Inside-The-National-Inquirer Department: Don't miss next month's TOOT containing a harrowing report of Charlie Farwell's encounter with blood-sucking leechs in Kneepal.



COOK'S CORNER

### Nancy Garrett

Your cook was skiing in Colorado and didn't write a column for March. April will be a great time to

try these recipes that Barbara Leonhardt served at the January EXCOM. The cookie recipe was a huge success in my office.

#### COPPER CARROT PENNIES Barbara Leonhardt

Slice 3/16 - 1/4" thick:

- 2 lb. carrots

- 1 small green pepper

- 1 medium onion

Boil carrots in salted water until fork tender. Drain and cool. In casserole dish, alternate layers of carrots with green peppers and onions.

#### Marinade:

Use blender to mix well:

- 1 can tomato soup

- 1/2 cup salad oil

- 1 cup sugar

- 3/4 cup vinegar

- 1 teaspoon prepared mustard

- 1 teaspoon Worcestershire sauce

Salt and Pepper to taste

Pour marinade over carrot mixture and refrigerate. The dish is better if made several days in advance so that flavors can mingle. This keeps well for a long time in refrigerator in air-tight container.

### MUSHROOM HORS D'OEUVRES Barbara Leonhardt

Saute:

- 1/2 cup butter 1 pound mushrooms, cleaned and chopped

Blend in:

- 6 Tablespoons flour

- 1 1/2 teaspoons salt

Add, stirring until thickened:

- 2 cups light cream

Add:

4 teaspoons minced chives

- 2 teaspoons lemon juice

Cool. Spoon into hors d'oeuvre shells. (Need 3-4 packages shells.) Bake at 3500 7-10 minutes.

This also makes a great sauce for beef or chicken. To make the sauce, cut flour to 3-4 Tablespoons.

#### PECAN TOFFEE COOKIES Nancy Garrett

Heat oven to 350°. Lightly butter a 9" X 13" baking pan. Line bottom and two long sides with aluminum foil.

Using medium speed on mixer, beat until light and creamy:

6 Tablespoons butter

- 1/2 cup sugar

- 1/2 teaspoon salt

Beating until mixture is fluffy, add: - 1 egg

Reduce speed on mixer. Add and beat until large crumbs form:

- 2 cups flour

Gather dough together and press into pan. Bake until edges begin to brown, about 15 minutes.

Cut into quarters and set aside:

- 1/2 cup whole candied cherries

- 3 cups pecans

In saucepan, combine:

4 Tablespoons butter

- 3/4 cup sugar

- 1/3 cup light corn syrup

- Pinch of salt

Bring to a full rolling boil over medium heat WITHOUT stirring. Boil 2 minutes. Remove from heat and stir in:

- 1/4 cup heavy cream

- 3/4 teaspoon vanilla extract

Quickly stir in cherries and pecans and spread mixture over cooked base. Return to oven and bake until bubbly, about 15-20 minutes. Let cool slightly. Use foil to lift from pan. Cool completely. Cut crosswise into 1-inch strips. Cut each strip on the diagonal into 6 diamonds. Makes 6 dozen cookies.



AWESOME ASPEN by Pat Tengel and John Smith

Early on a gray rainy Saturday morning the day after Valentine's day, 17 PVSers left Dulles Airport to fly to Denver. Charley Gordon from Texas and Geoff Wadey from Massachusetts joined us for the bus ride to ASPEN which took all afternoon. At the ASPEN MANOR LODGE, we were joined by Eleanor Peterson's daughter from Loveland, Col. and Fumiko and Myron Marquardt's daughter-in-law from California. In the evening, we all dined at the Charter House across the street.

Sunday morning it was already  $\pm$  32 F at 7:30 A.M., a welcome contrast to the  $\pm$  32 C, recently experienced at Mount Sutton. Snowmass's Elk Camp area was the choice for the day. When John Smith tried to get into his ski\$ he found that they were too small. Alas, the skis had been mixed up when they were left the night before to be tuned. However, there was a happy ending when ASPEN SPORTS made available a free pair of the new Solomon 9000 EXP demo skis for the day, what a treat! Mary Jane McCarthy had the surprise and unexpected pleasure of finding both the Garretts and the Evans who were staying at Snowmass. Most of the rest of us had trouble even finding the people that we started out with in the morning!

Monday brought new snow, temperature in the + 20 F's, and patches of sunshine. Buttermilk/Tiehack area was the day's choice. Fumiko Marquardt, Irene Farrell, and Liz Triau discovered and skied the world's shortest (about 3 turns long) "Black Diamond" trail called the "Wall of Death" at Buttermilk. Myron Marquardt and Bob Harmon stayed to the bitter end and closed the lifts at 4:00.

By Tuesday morning, the PVS group had gotten the reputation from the regulars at the Aspen Manor Lodge as being "those crazy skiers who get up to go skiing at 8:30 or 9:00 instead of the more civilized hour of 10:00 or so".

Wednesday was the "sun-day" day with blue sky, no clouds, and temperatures in the 30's. About half of the group went to Aspen mountain and the rest went to Aspen Highlands. Aspen Mountain had many perfectly groomed, long, blue trails. In spite of its reputation, there is no reason to be intimidated by the big mountain. Marianne Cook, while waiting to check out at Aspen Drugs, found some keys on the counter. She called out "Hey - young man" to the man who was already at the door and threw him the keys. John Denver turned around and said "Thank you, m'am," What a surprise! We finished the day with a pizza party at the Aspen Manor Lodge.

Thursday we had to do without new snow, but still lovely warmth. The group divided and covered all four mountains. Serge Triau developed a new skiing technique called "connecting on the mountain". His first connection was Irene Farrell. They rolled safely down the mountain after "connecting".

Friday brought lots of new snow, 1 to 5 inches, depending on the elevation and clouds/fog until about 11:00 A.M. That will teach us to get up early to board the bus to Snowmass at 9:00. In the evening, Dina Taylor hosted a wonderful special event at Ebbe's restaurant. This treat was probably her trick to make sure that everyone got home early enough to get packed for the 8:15 am departure Saturday. At the end of 6 fine days of hard skiing with nearly perfect conditions, all 21 PVS'ers were fully functioning physically and in good spirits. That's what snow instead of ice will do for you. Thank you Dina for a lovely adventure and a very beautiful and successful trip.

(Continued on next page.)

KEYSTONE COLORA

#### COLORADO, CHAPTER TWO by Charlotte Couture

Twelve PVSers joined Dina in Keystone for the second week of her Colorado trip. Keystone is a delightful resort with a variety of terrain to suit all abilities. Club members arriving from Washington became worried as they disembarked the plane in Denver in 70° weather with no sign of snow in the mountains, just beautiful bright sunshine and warm breezes. We need not have worried. We arrived in Keystone to find a 36 " base and new snow on the way.

Group members coming from Aspen arrived early, checked in and headed for the slopes. Those from Washington had some difficulty finding their lodgings but, once settled in, it soon became apparent what makes this resort so special. The employees went all out to make our stay extremely pleasant, driving us from the store with our groceries, driving us to the liquor store for wine. All gratis. And the shuttle bus service is superb. It ran every 20 minutes, not 21 or 22, but 20 minutes, and the drivers cheerfully helped secure our skis while greeting us with smiles and weather reports.

Our accomodations were comfortable with each condo uniquely and beautifully furnished. A spacious pool and sauna were closeby. Although our units were in separate buildings, we met often to swap tales of the day's joys and tribulations One evening we gathered for a pizza and icecream party, arranged by Dina; another night we gathered at a slope side restaurant for a "choice of the menu" dinner, again courtesy of our leader.

From time to time our small group was augumented by "drop-in" PVSers, including Huey Roberts and Irene Farrell and the Heitchues from Frisco, Barbara Leonhard from Beaver Creek, plus Eleanor Peterson and Maryse Delevaux from other areas. And non-stop skier Kirk Burns popped up one day in the lunch room atop the Peak.

But Summit Country is so vast we almost never met on the slopes as we spread out to sample Breckenridge, Copper and A-Basin as well as Keystone Mountain and the adjacent North Peak and newly opened Outback.

Conditions could not have been better with fresh snow most nights and sunshine each day. Best of all, it was all in "leave -off-the-long-johrs" weather! We all thank Dina for arranging everything for our comfort and convenience and for leading a trouble-free trip.

PAST EVENT

#### WINE TASTING by Liz Triau

On the evening of March 21, at the home of Pat and Don Cope, about 8 PVSers and several special friends of the Copes', sampled and learned about a variety of fine wines. Beginning with a mild and smooth Portuguese white, we were guided first through the whites, including a delicious German Riesling, progressing through several rich, full-bodied reds - a Spanish, an Italian Chianti Classico and a Chateauneuf-du-Pape before concluding with a port.

Pat and Don explained each wine and how best to taste it along with its accompanying food — a delicious sequence of nuts, smoked ham, salmon, cheeses, cheese tarts, and lamb. With so many wonderful wines to taste, it was next to impossible to choose a favorite as each had its own flavor and was a special experience.

Of course, along with our tasting of wine and food, we enjoyed good conversation and tales of many ski adventures. Without doubt, the star of the party was Cocoa who insisted that everyone play ball with her. Cocoa, we remind you, is the very charming, very intelligent Chesapeake Bay Retriever with whom the Copes are priviledged to share their lovely home.

Many thanks to Pat and Don (and Cocoa) for their hospitality, delicious food and

wine, and a very informative and enjoyable evening.

Ap. 14 ... DOGS (See page 2)

Ap. 21 ... Annual Meeting. (See page 1)

Ap. 25 ... Hike on the Billy Goat Trail. (See page 2 ) Ap. 25 ... Spring Fling 1992 -U. of Maryland. See page 3)

Ap. 26 ... BRSC Meeting. If interested, call Jack Peoples (301) 493-5486.

Ap. 28 ... ExCom at Lu Beale's. 7:30 P.M.

May 2 ... Bike Outing. (See page 2)

May 12 ... DOGS.

May 16 ... Fun Run/Brunch with the Clarks. (See page 3)

May 19 ... Monthly Meeting at the Hensleys'.

May 26 ... ExCom at the Garretts'.

May 30 ... Luau at the Walns. (See page 3 )

June 6 ... Spring Hike. (See page 3)

June 16 .. Monthly Meeting at Betty Lawrence's.

June 23 .. ExCom

June 28 .. Montgomery Playhouse Theatre Matinee Performance of Jacques Brel Is Alive etc. plus dinner with the DOGS afterwards. Details later.

July 3 .. Boating Weekend with Dean Worcester and Biddy Esher.

July 10 .. Evening at Wolf Trap. (See page 3)

July 11 -12 ... Rafting on the Youghiogheny organized by Dina Taylor.

July 18 .. Annual Summer Steak & Swim at the Elrods. Limited to 50. Margaret Wyckoff coordinating.

July 28 .. ExCom

ROSTER CHANGES: Barbara Leonhardt office: (301) 504-6394. Pat Tengel: Office: (301) 405-1012.



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