

VOLUME XXV
NUMBER 5

Potomac Valley Skiers, Inc.

WASHINGTON MARYLAND VIRGINIA

MAY, 1990

PRESIDENT'S MESSAGE:

I would like to officially welcome the new members who joined the club at our April meeting. I would also like to express our appreciation to the three outgoing ExCom members for the valued work they performed during their term in office and welcome the new committee members to the challenges of the next two years.

Finally, I would like to express my appreciation to the club for the confidence shown in me by my reelection and I renew my dedication to support and improve the club.

Dick

Dick Comerford, President

P.S. The summer season is starting. Sign up for events early and if your plans change, don't forget to inform the coordinator!!

MONTHLY MEETING

Tuesday, May 15. 8:00 P.M.

Where: Home of Jean and Howard Hensley
3745 N. Woodrow St. Arlington.
Telephone: 536-9749



THIRD TIME MEETING AT
THE BEAUTIFUL HENSLEY
HOME IN VIRGINIA.

BRING YOUR BROLLIES!!

DIRECTIONS to Hensley home in Arlington, Virginia:

Take George Washington Pkwy exit and follow towards Washington to exit on Rt 123 NORTH. Follow 123 North to end at Chain Bridge where take a right on Glebe Road. Follow Glebe Rd to a left on 36th Street (about one mile from Chain Bridge). Go 2 1/2 blocks and take a left on Dittmar. Take an immediate left on 37th Street and an immediate right on Woodrow Street. Go to house at end of cul de sac - 3745 N. Woodrow - the Hensley abode.

From Route I66: Take North Glebe Rd exit and follow about three miles to a right on 36th Street. From there on, follow above directions.

Coming Events

BRIDGE WALK Sunday, May 6, 1990

Please call Ray McKinley (527-7126) if you are interested in joining a group of PVSers for the annual Chesapeake Bay bridge walk and Bayfest afterwards at Sandy Point, Md.

ANNUAL FUN RUN AND BRUNCH WITH THE CLARKS - Saturday, May 12.

9:00 A.M. Rain or Shine. (Brunch is now wait-listed.)

Directions to trailhead: Take Beltway Exit #5 (Braddock Rd.) in Virginia. Go west (away from D.C.) one tenth mile to light and well-marked WAKEFIELD PARK sign on right. Drive to main parking lot (as far as road goes) and meet by the small bridge immediately on your left as you enter the lot.

INTERNATIONAL DINNER AT THE COPES - May 19th. 6:30 P.M.

FULL!!!

Coordinator Marilyn Clark will call you about menu contributions.

DIRECTIONS: Take the George Washington Parkway past the sailing marina to the first right turn which is marked Slaters Lane, to the parallel service road. At the first signal, make a right turn onto Slaters Lane. Follow Slaters Lane through a angled left past the warehouses and make the first right turn. Go over the railroad bridge and turn left onto Monroe Ave. (The Monroe Ave bridge is Rt. 1). Go through 2 signals and the Cope home is the big, white house on the right before the 3rd signal.

WOLF TRAP PICNIC AND CONCERT - Wednesday, June 6, 1990. 6:30-Picnic
Barbara Leonhardt (279-9056) coordinating. 8:15 -Curtain

MATINEE AT THE KENNEDY CENTER - SATURDAY, JULY 14th.

PVS will attend the Kennedy Center performance of the skating spectacular "Starlight Express" on Saturday afternoon July 14th. Music is by Andrew Lloyd Webber. First tier seats priced at \$33.75 per person.

If interested, send check (made out to PVS) with a stamped self-addressed envelope to Steve Grenleski, 13422 Tamarack Rd., Silver Spring, Md. 20904. Telephone: 384-9013.

Note: KenGen cautions pacemaker users that the hi-tech electric controls used in the show may affect the unit.

COMING EVENTS

SPRING HIKE IN SHENADOAH NATIONAL PARK



WHEN: Saturday, May 26th (Sorry- No RAIN date)

Time: 8:00 A.M.

WHAT: 9-10 mile circuit hike including a two mile climb up Little Devil Stairs (a series of falls and pools in a spectacular canyon) followed by a two mile ridge walk to Piney Branch Trail and descent mostly along a fine stream.

The pace will be leisurely with ample time to smell the flowers. However, out of consideration for others, it should not be attempted unless one can "keep up" with the group.

Wear: Sturdy shoes. Bring lots of gorp, lunch and liquids.

Liquid refreshments and snacks left in your car would provide a pleasant celebration at trail's end.

TIME: 8:00 A.M. Meet at the Cooper School just inside the Beltway at Exit 13, Rte 193, Georgetown Pike. The school is on the right of #193 (as you head towards Washington) and is on Balls Hill Rd.

RESERVATIONS: Please call Lu Beale (363-3521) by Thursday May 24, so carpooling and trail head parking can be arranged.

THEATRE/DINNER PARTY AT MONTGOMERY PLAYHOUSE, GAITHERSBURG, MD. AND THE HUGGINS', POTOMAC, MD.

Date: Sunday, May 27th

Time: 2:30 p.m. matinee

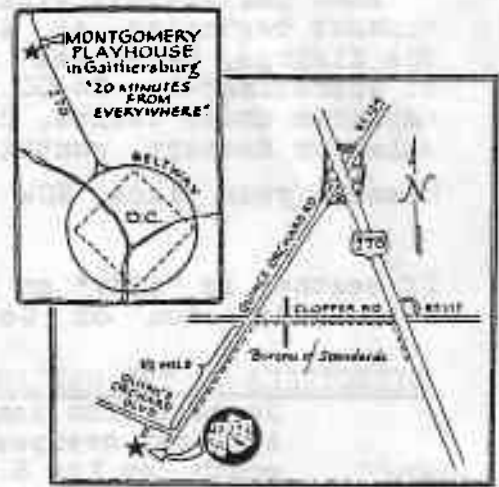
Cost: \$10.00 per person (Includes theatre ticket, beverages and entree) (Regular theatre tickets are \$10.00)

Play:

QUILTERS

Book by Molly Newman and Barbara Damashek
Music and Lyrics by Barbara Damashek

Music, dance, and vivid drama are woven together in this joyous and moving celebration of America's pioneer women. Patches of quilts depict life on the frontier: girlhood, marriage, childbirth, spinsterhood, twisters, fire, and death. But through all of this there is love, warmth, rich and lively humor, and the moving spectacle of simple human dignity in the face of adversity.



Directions to Playhouse: Drive north on Rte. 270 to Exit 10 onto Rte. 117 west (Clopper Road) to left on Rte. 124 west (Quince Orchard Rd.) Go about one half mile to right on Quince Orchard Blvd. The Playhouse is the first left turn off the boulevard. Directions to the Huggins' will be given out at the theatre.

Participants will bring salad or dessert. Call Sara Huggins (424-5725).

COMING EVENTS

SPRING BIKE OUTING

June 2 - 12:00 Noon (rain date-June 3)

BY POPULAR DEMAND - this is a repeat of the delightful 13 mile, flat terrain, bike trek from St. Michaels to Tilghman Island.

The bike route is a 7'-8' paved area adjoining both sides of the road. We will make a refueling stop at the outdoor patio at The Bridge Restaurant on Tilghman's.



One speed bicycles are available for rent from Town Dock Rentals at the end of Mulberry St.

Non-bikers may wish to meander around town, browse in the many interesting shops, visit the Aquarium of Bay Life and the Chesapeake Bay Maritime Museum or take a cruise on the Miles River.

APRES HIKE: Reservations will be made at Longfellows Restaurant for five o'clock. Let us know if you plan to stay for dinner.

Coordinators: Huey Roberts---370-9874, Irene Farrell--921-0590.

DIRECTIONS: Take Rt. 50 from beltway over Chesapeake Bay Bridge - continue on 50 for 28 miles; turn right on Rt. 322, go 2 miles, turn right on Rt. 33 and then go 9 miles to St. Michaels. Turn right on Mill Street (Maritime Museum Road) and an immediate left into parking lot.

SAIL AND SWIM AT HADLER'S COTTAGE ON THE BAY

Saturday, June 9th. Rain date: Sunday, June 10th.

This event is, as usual, limited to 40 people. The format of bring your own lunch and come as early as 10 A.M., if you wish, will prevail.

Each participant will bring a salad or dessert to share at the cookout beginning at 4:30 P.M. Hamburgers and hot dogs with all the fixings, beverages and munchies will be provided at the cost of approximately \$4.00 per person with a special rate for children under twelve. Call coordinator Gail Pease for guidance on salad or dessert contributions.

Reserve your place NOW by calling Gail at
H: 620-4573 O: 248-2100

If weather is "iffy" on Saturday morning call Jan Marx (451-9158) for a decision on Go or No Go.

DIRECTIONS TO THE HADLER COTTAGE:

Go east from Annapolis on Rte 50 over the Bay Bridge. At first overpass after the bridge bear right to go south on Rte 8 on Kent Island. The Matapeake Recreation Ground entrance is 3 miles south of Rte 50 (a public boat landing if you wish to launch your own boat). At the Kentmorr Airpark entrance, 5 miles south of Rte 50, turn right (back towards the bay). Take that road to Hadler's cottage. It's the only road - you can't go wrong. It's the blue (4th) cottage after the 90° turn.

THE KNEE

by

Ray McKinley



It's just past May Day, so I thought it appropriate to share a dream with you. Mikhael (aka Big Mikey) Gorbachev was getting off a chairlift in Lithuania (Lithuakneea?). He slipped on some ice, fell over a steep embankment, and died.

The Knee has been whelmed by the response to my query on what you do with your PVS membership cards. The infamous Janet Waln reported that she kept hers between her AAA and voter registration cards. The old one was sold in a garage sale. Along with the rest of the garage.

Last month's report on skiing the famous Vallee Blanche to Chamoknee didn't quite paint the true picture as reported to the Knee. Halfway down, the Bills (Hager and Anderson) volunteered to trade their skis, boots, and poles for a helicopter ride off the mountain.

Pres. Dick Comerford said that skiing the Vallee Blanche was "the worst eight weeks of my life."

When Marco, the guide, told the group he was a medical student, Bill Anderson said a priest would have been better.

Vallee Blanche, at least that day, was certainly not the vanilla run it was reported to be. Enjoy other European tidbits:

In Courmayeur Dorothy Mills slipped, banged her head, and lost consciousness for 15 minutes. The good news, she got kissed 3 times by the young Italian doctor who attended her.

Eleanor Peterson, who visited the same doctor for a lesser injury, got only a hearty pat on the back. Earlier, while skiing with Bill Anderson, Eleanor mentioned having vertigo. Bill caught it.

During tea, Norm Engelman told a group that now that he was older, he skied more cautiously. Asked Alice Swalm, "On what day?"

Norm mentioned that early in his ski career he broke his leg and as a result his wife, Mary, stopped skiing.

However, my favorite Engleman quote is: "I don't want you to think I know more than I do because I don't."

Huey Roberts skied an entire day carrying Dina Taylor's video camera -- but no video tape.

Dick Comerford saved a bit of money by flying standby. He had to call the states from the hotel to confirm his return flight. The bill for a 15 minute call was \$71.00 (later reduced by the hotel to their cost - \$45.00). Iroknee.

The Knee, with several others, spent 44 very long minutes cramped in a tiny 2-person gondola swaying 40 feet above the ground during a power outage in Courmayeur. Your life doesn't flash before you in such cases, but your last visit to the bathroom certainly does.

A trip footnote: Hank Thomas had a spruce branch in his red hat on the plane trip home. Three weeks later, Aina got a phone call from the Dept. of Agriculture about illegally bringing plants into the U.S.

Another footnote (literally): en route, Knox and Karen lost their boot bags and had to buy new boots. Knox's bag showed up some 4 weeks later, the day of their post-trip party. It was unopened, came in on Delta (we flew on that) and judging by the tags on it, had been to Holland, England, Vancouver and Detroit!

The Wyckoffs are touring (not skiing) the alps for 4 weeks. Their goal: to return in time for the International dinner.

Ted Cardwell is writing a novel. Some PVSers, including the Knee, (incogkneeto of course) make appearances.

It's not that food is important at ExCom but Bob Marx, as Jan headed off to one, said "Have a good Munchcom."

Frank Fiske came from Maine to attend the Mt. Sutton post-trip party Apr. 14.

The Burns called from Sutton. They'd been there 3 weeks and skied every day except one. They planned to ski April 21. If anyone skied after that, let me know.

Betty Comerford picked up Dick from skiing in Colorado and came directly to the party. Dick Skied A Basin and Mary Jane. He ran into Bob McNeil at A Basin on Friday the 13th (of April). Bob is suing.

The annual meeting has a strange name. It's really a monthly meeting. Ankneeway, there were over 75 people present, including some who haven't been to PVS meetings in a while. It was nice chatting with Tom Aguilar, Pat and Don Cope (although we often get to their house) and Denverite Dick Harsh.

ANNUAL MEETING AT THE MARQUARDTS by Lu Beale

Fifty were expected, a near record eighty came. It was the annual meeting on April 17th. First-time hosts Fumiko and Myron Marquardt never flinched from the enormity of the task that confronted them, namely to fit all those people into their relatively small house and to feed the hungry horde.

While Myron welcomed guests and directed traffic, Fumiko loaded the dining table with platters of the home cooked delicacies which are her trademark. Besides ham, roast beef, dips and cheeses, there was a memorable type of sushi (a combination of rice, seafood and other ingredients) and gyoza (an oriental dumpling stuffed with something delicious). All of this was followed by an assortment of home made desserts and coffee.

Between courses, President Comerford conducted the business meeting, an astonishing accomplishment since there was no one room that would comfortably hold all participants. Not at all daunted, the pres. stood in the entry way at the front door and managed somehow to simultaneously address guests and members in the living room, step-down den, dining room and kitchen, including those situated on the staircase and possibly some in the coat closet. Program Chairman Ray McKinley and Membership Chairwoman Marilyn Clark also managed this remarkable feat and the business of the evening, for which we had assembled in the first place, went on apace.

The 16 non-member guests who had come to see what our club was all about were treated to a singular display of PVS democracy in action. Bowing to expediency, Robert's Rules of Order (which, as we all know, ordinarily govern club business meetings) were thrown out as were most of the printed election ballots, and some how or other we elected Bill Brown, June Kelsay and Howard Hensley to two year terms on the Executive Committee; reelected Dick Comerford to a second term as president; and awarded full club memberships to applicants Biddy Esher, Franklin Fiske, Bob Harmon, Kathy Quinden, June Read, Doris and John Waddick.

Although there was much wisecracking during the proceedings, no blood was shed and no dissenting vote was cast.

Business and dining concluded, guests finally departed (the last one about 11 P.M.) leaving Myron and Fumiko to sit down at last, sample the scant remains of the feast and ponder whether they'd ever do it again. We sure hope so. Thanks to them it was one grand event and we are grateful.



BILLY GOATS

Many FVSers were disappointed when the annual Billy Goat Trail hike Saturday, April 21, was rained out and they were unable to make the rain date. However, 15 lucky stalwarts managed to rearrange their schedules to meet on Sunday for a super hike in perfect spring weather.

For a change, the group, with Lu Beale leading and Myron Marquardt sweeping, managed to hang together, making frequent stops to catch breath, admire the view, and just plain enjoy the unaccustomed sun.

Bill Anderson used one such break to clip his fingernails while Bob(Grasley climbed down to water's edge to look for fish that were not there. When Shirley Rettig's water bottle busted inside her fanny pack, she used a break to wring out her sandwiches.

After most of the mighty peaks were conquered, the group collapsed to lunch on the rocks under the trees. Then it was on to Great Falls where they arrived in time to see the water in the canal rising and falling as the passenger-laden canal barge made its way through the locks on its way upstream.

The four hour hike ended with half the group going home to mow the lawn, or something, and the other half repairing to the Inn at Glen Echo for expensive, but well deserved, glasses of beer.

good ideas

FROM

BRSC Members

HOW LONG DOES EQUIPMENT LAST?

It can last a long time. Top level racers put unusual stress on their equipment, yet many are famous for keeping a favorite old pair of boots for years, sometimes long after the boot has gone out of production. Technicians say a pair of slalom skis can last for years. Downhill skis can be used for several seasons, too, though a smart racer retires a ski after a high-speed crash, because you never know what kind of internal damage has been done.

For recreational skiing, good-quality skis with fiberglass reinforcements will last indefinitely, as long as you keep the sidewalls intact and bottoms in good repair. Boot soles do wear out if you hike miles across the parking lot every weekend, and that has safety implications. Get new boots when old ones won't mate safely with your bindings. And bindings should be retired when internal corrosion and metal fatigue begin to affect their performance - certainly after five seasons.

In the end, though, you shouldn't be as concerned with your gear's life span as much as with its suitability to your skiing. If you're getting better, so should your equipment.

COOK'S CORNER



by

Nancy Garrett

The COOK decided that May shall be declared Chocolate Lovers Month. The three recipes presented this month will

be a treat for those who love total chocolate desserts, for those who prefer mostly chocolate and even one for those who like just a little chocolate.

BETTER THAN SEX CAKE

In large bowl, combine:

- 1 package chocolate cake mix
- 1 small package instant chocolate pudding mix
- 1 (12 oz.) package chocolate chips

With electric mixer, beat for 2 minutes:

- 4 eggs
- 1/4 cup oil
- 3/4 cup water
- 1 cup sour cream

Add to dry ingredients, folding in gently. Pour into greased bundt pan. Bake at 350* for 45 minutes. Remove from oven and invert on wire rack.

While still warm, punch toothpick-sized holes in cake and drizzle in:

- 1/4 cup coffee liqueur (Kahlua)

Cake may be served plain, but is best served with Kahlua topping.

KAHLUA TOPPING

Whip together just before serving:

- 1/2 pint heavy whipping cream
- 1/4 cup Kahlua
- 1 Tablespoon instant coffee

Serve a big dollop with slices of cake.

The next recipe was served by Helen McMahan at the March meeting. As I understand it, there was not one crumb left (except for the few that had dropped on the floor.)

ROCKY ROAD FUDGE

Helen McMahan

In heavy saucepan, melt together:

- 1 (12 oz.) package semi-sweet chocolate bits
- 1 (12 oz.) jar chunky peanut butter

When mixture has cooled, add:

- 1 (6 oz.) package miniature marshmallows.

Pack mixture into greased 9" X 13" pan. Refrigerate. Cut into 1-inch pieces. You might want to double the recipe when you are having ski club events.

BUTTER PECAN TURTLE COOKIES

Preheat oven to 350*.

In mixing bowl, combine for 2-3 minutes, scraping side of bowl often, until ingredients are well mixed and particles are fine:

- 2 cups all-purpose flour
- 1 cup firmly packed brown sugar
- 1/2 cup butter (softened)

Pat firmly into ungreased 9"X13"X2" pan. Over unbaked crust, sprinkle:

- 1 cup whole pecan halves

In heavy saucepan, combine:

- 2/3 cup butter (or margarine)
- 1/2 cup firmly packed brown sugar

Cook over medium heat, stirring constantly, until entire surface of mixture begins to boil. Boil for 1/2 to 1 minute, stirring constantly.

Pour evenly over pecan layer.

Bake near center of oven for 20-25 minutes, or until entire caramel layer is bubbly and crust is light golden brown. Remove from oven.

IMMEDIATELY sprinkle with:

- 1 cup chocolate chips

Allow chips to melt slightly (2-3 minutes) and spread over entire mixture with spatula. Cool completely. Cut into 3-4 dozen bars.

CHOCOLATE LOVERS --- BON APPÉTIT!!

— !! SKI TRIPS !! —

MONT SUTTON - January 13 - 19, 1991
See June TOOT for details.
Call Jack Peoples for more information (301- 840-2213)

SKI COLORADO - February 9 - 23, 1991
Options: one or two weeks.
First week - Steamboat
Second Week - Vail
Details are being worked out. See June TOOT for flier.
If you need info before, call Dina Taylor 301-663-6089

MEMBERSHIP NOTES

APPLICANTS AND SPONSORS ARE REMINDED OF THE FOLLOWING:

At the March ExCom meeting the following motion was proposed and carried by the board of officers: "that first time guests at club events or meetings who are possible applicants for membership be given one complimentary TOOT and asked if they would like a 6-month subscription to TOOT which would include 3 meetings for a one-time fee of \$10.00 per applicant."

Directory Changes

Please make the following corrections in your roster of member telephone numbers:

- Bill Hager: (703) 281-6879
- Bill and Susan Brown: (301) 299-5187

PVS OFFICIERS

- President Dick Comerford
- Vice President.. Nancy Garrett
- Secretary Irene Farrell
- Treasurer Margaret Wyckoff
- Membership..... Marilyn Clark
- Program Chairman .. Ray McKinley
- TOOT Editor .. Lu Beale
- TOOT Production .. Jan & Bob Marx
- Movie Mogul ... Rosemary Soler
- Answering Service. The Marxes
(451-9158)

EXCOM

SECOND TERM

- Bill Anderson
- Myra Evans
- Dina Taylor

FIRST TERM

- William Brown
- Howard Hensley
- June Kelsay

CALENDAR

- May 5 ... Derby Party at the Garretts'
- May 6 ... Chesapeake Bay bridge hike. Call Ray McKinley (527-7126)
- May 12 ... Fun Run/Brunch with the Clarks. See page 2.
- May 15 ... Monthly Meeting at the Hensleys'. 8:00 P.M.
- May 19 ... International Dinner at the Copes'. See page 2.
- May 22 ... ExCom at the Marxes'. 7:30 P.M.
- May 26 ... Annual Spring Hike. See page 3.
- May 27 ... Montgomery Playhouse matinee performance. See page 3
- June 2 ... Spring Bike Outing. See page 4
- June 6 ... Evening at Wolf Trap. See page 2.
- June 9 ... Picnic at Hadler's. Gail Pease coordinating (620-4573).
- June 19 ... Monthly Meeting at June Read's Potomac home. 8:00 P.M.

- June 26 ... ExCom at the Garretts'
- July 14 ... Matinee at the KenCen. See page 2.
- July 21 ... Steak & Swim at the Elrods. Limited to 50.
Call coordinator Myra Evans (620-0545).
- July 24 ... ExCom
- Aug ? ... Outing at the Flakes' bay house.
- Sept. ? ... Crabfest with Barbara Wingrove.

- Nov. 3 ... 25th Anniversary Dinner. Fort McNair Officers' club.

Bob and Janet Marx
 8312 Oakford Drive
 Springfield, Va. 22152

