

VOLUME XXX

# Potomac Valley Skiers, Inc.

NOVEMBER 1995

NO. ELEVEN

WASHINGTON

MARYLAND

VIRGINIA

## PRESIDENT'S MESSAGE

We are now into November and time to have serious thoughts about skiing and finalizing all your plans/preparations. At the top of the list is to get all your ski equipment maintenance performed so you can feel safe and confident for that first day on the slopes. Ski shops are still giving better rates for tune ups now, than later in the season ( of course September /October was even better). Now, if you already have taken care of the skis and boots, it is also time to get yourself tuned up and ready to go. A little extra conditioning , walking, jogging , or whatever your choice is will help strengthen your limbs for attacking the slopes. If you are already on a solid conditioning program, maybe you can just crank it up a notch for the next two months and be ready to go full speed ahead when you hit the slopes.

Switching to our social activities, I really enjoyed meeting and talking to everyone at the PVS 30TH Anniversary Dinner. I thought it was a great evening and I again want to thank the anniversary committee for doing such a great job. Don't forget you can buy more flute glasses and PVS monogrammed bottles of champagne (you can drink the spirits and still have a memorable PVS souvenir).

Included in this issue of the Toot are details for two local area ski trips in January and February of '96, being run by Janet Marx. Wisp is a nice short drive from our area and it sounds like a great deal for a two day trip. Besides, several of the '96 winter forecasts for our area have projected three to four feet of snow ( no guarantee here folks!) which make these trips sound even better.

I want to wish everyone a joyful and plentiful Thanksgiving holiday as we all fuel up for the great ski season ahead.

Serge Triaux, President



MONTHLY MEETING: TUESDAY, NOVEMBER 21, 1995, 8 p.m.  
Home of Sally Finan and George Welte  
11311 French Horn Lane, Reston, VA 22091  
Tel: 703-716-9023



SPECIAL GUEST: Brian Eardley of the Washington Ski Center will talk of newest ski gear.

See driving directions on next page.

Directions to Finan/Welti home: From Beltway (I-495) exit onto Route 273 (Dulles Toll Road). Exit at Hunter Mill Road, turning left. Turn right onto Sunrise Valley Drive. At first traffic light, turn left onto South Lakes Drive. At first traffic light, turn left onto Twin Branches Road. After passing Lake Audubon, turn right onto Glade Drive. Take second left onto Tumbletree Way. The first left puts you onto French Horn Lane. The Finan/Welti home is at the end of the cul-de-sac.

---

EIGHTH ANNUAL  
NATIONAL SKI EXPO & WINTER SPORTS FESTIVAL  
November 3, 4, and 5, 1995  
Ballston Common Mall in Arlington, VA  
Glebe Road & Wilson Blvd.



Over 100 exhibitors. Ski sale and ski swap (Consignment starts 3 p.m. Friday. ENDLESS WINTER, ski movie, shown every two hours. Tickets at \$8 include free Ski Liberty/Roundtop lift ticket. Hours: Friday 4 p.m. to 9:30 p.m. Saturday 10 a.m. to 9:30 p.m. Sunday 12 p.m. to 6. Call Zadeck Associates (703-644-9899) for more info.



PVS Bike Ride November 9 Thursday 10:30 am  
Cabin John to Georgetown 16 miles roundtrip  
Starting Point: MacArthur Plaza Shopping Center  
MacArthur Blvd. (7900 block) And Seven Locks Road; Hannibal's Coffee  
[This shopping center is about two miles beyond Glen Echo on MacArthur Blvd. And is where the natural food store "Bethesda Coop" is located]  
Parking: Park across from shopping center on 79th St. Assemble at Hannibal's Coffee. This ride will go along to MacArthur Blvd. bikepath to Brookmont, where it will then cross over to the C&O Canal towpath. A

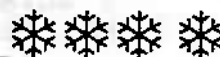
refreshment and rest stop will be made at the Dean & DeLuca coffee and sandwich bar in Georgetown (associated with the adjacent gourmet food store). Estimated return time: 3:00 pm.

Leader: Marvin Hass (703) 751-4737 e-mail: 755-1147@mcimail.com



## PVS NOTEPADS

Do you have a PVS Notepad? If not, you should! Use them for jotting all kinds of notes; use them all around the house and in your car. You can purchase notepads for \$1 each from Liz Triau, so get your order in before they run out!





DINING OUT GROUP - Nov. 14, 1995

Join us for dinner on Tuesday, Nov. 14, 1995. This month, we will meet at THE MELTING POT 128 Rollins Ave. Rockville, MD. (At the corner of Rollins Ave. and Rockville Pike). We will meet for dinner at 7:00 P.M. THE MELTING POT is fun place that features a wide selection of cheese, meat, and fish fondues.

Directions: From the Beltway (Rt. 495) go North on Rockville Pike approximately three miles past the main intersection at Montrose Road, the next main street beyond Montrose is Rollins Ave. Turn left (West) on Rollins Ave. THE MELTING POT is just beyond the Texaco gas station on the corner of Rollins Ave. and Rockville Pike. (There is a Shell Gas Station on the far corner of that intersection.)

Coming South on Rt. 270, take the Montrose Road Exit East to Rockville for approximately 2 miles to the Rockville Pike. Turn left (North) and go to the next main street which is Rollins Ave. and turn left (West)

Parking is available beside restaurant off Rollins Ave.

So that we may know how many to expect, please call Pat Tengal or John Smith at (301) 299-8376 by Sunday, Nov. 12.



MID-WEEK HIKE - APPALACHIAN TRAIL - Wednesday, Nov. 15th, 10:00 A.M.

Jackie Wilson and Mary Riley will lead an 8 mile hike along the ridge of the AT near Myersville, Frederick County, Md. Wear sturdy boots as parts of the trail are rocky. Bring lunch and we'll eat along the trail. A shuttle will be provided from Rt. 40W to the trailhead in Wolfsville. For further information and to let us know you are coming, call Charles Huggins (301) 424-5725.

Directions: Exit Beltway on I-270 north to I-70 west toward Hagerstown; exit at Myersville (Exit 42) turn right on Rt. 17. Follow Rt. 17 through Myersville (Rt. 17 turns right in the middle of town) and turn left at Rt. 40 west. Proceed to the South Mountain AT parking lot on left. (Approx. 3 miles).

Frederick hikers: Follow Rt. 40 west to the South Mountain AT parking lot.

ANNUAL CHILI HIKE - November 18, 1995. The chili supper is now full, but all hikers are welcome to the Great Falls trek. Call Nancy or Ray McKinley (703-527-7126) to be waitlisted or cancel.

Cost is approximately \$6 if you bring a salad or dessert, \$9 for others. Bring your own chili bowl if you desire.

Meet at the Visitors' Center in Great Falls Park at 1 p.m., rain or shine. To get to the Park, take beltway exit 13 (Rte 193, Georgetown Pike). Go west 4 miles to the Park and continue to parking lot near the Visitors' Center.



## P A S T E V E N T S

### PVS 30TH ANNIVERSARY DINNER

It was a wonderful morning.  
It was a wonderful day.  
We all had a wonderful feeling,  
That everything was going our way.

And it came to pass that there went out a decree from President Serge I, of the city of Derwood in the land of Mary, Queen of England, that all members of Potomac Valley Skiers should be informed of, and encouraged to attend a gala dinner and evening to celebrate the thirtieth anniversary of the founding of Potomac Valley Skiers. Ninety-eight participants signed up for the celebration. Charles Gordon of Georgetown, Texas was declared to have come the farthest. It is not known if he was able to find a room in an inn or had to sleep in a garage (stables have been replaced with garages). The celebration took place in the Naval Medical Center Officers' Club in the city of Bethesda also in the land of Mary. The festivities began at the nineteenth hour of the seventh day of the tenth month of the four hundred thirteenth year of the modern calendar introduced by Pope Gregory XIII.

As has been noticed on previous formal occasions, there was a very pleasing variety of dresses on the women. Not much variety of tuxedos on the men. There was an unconfirmed report from a generally unreliable source that two women were seen with the same style of dress. It seems rather unlikely that such a situation could happen.

After about an hour and a quarter of drinking, eating of hors d'oeuvres, and good conversation about skiing and other intellectual subjects, dinner chimes were sounded and everyone proceeded to their designated place at one of the tables.

The tables were all decorated with care,  
With plenty of wine and champagne to share.  
The flowers were from the garden of Dot Mills.  
Arranging flowers is one of her skills.

Ray McKinley instructed everyone as to the procedure for obtaining some of each of the great variety of food. A large steamship round of beef and a ham were available, which were sliced for each individual.

The many food stations were covered with food,  
Which put everyone in a very good mood.  
We ate until our stomachs did hurt,  
And then we all went back for dessert.

After completing dinner, it was time for our president to start the program with a welcome for all. This was followed by Bill Anderson and Ray McKinley who introduced the many members who have held office in the club as well as those who were charter members. Ray told us about the misnomer of our name. Whoever heard of skiing in the Potomac Valley. Overheard from one member, "I wonder if we should change it to Steamboat Springs Skiers. But then, whoever heard of skiing on a steamboat or a spring?"

The program ended with the singing of two songs especially written for our 30th anniversary.

The organizing committee did a tremendous job of putting together this great event and deserves the thanks and gratitude of everyone.

Myron Marquardt

## OKTOBERFEST - The Wurst Party

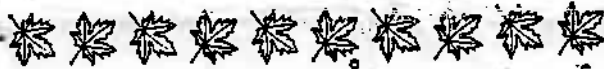
On a rainy Saturday, October 14, some 48 PVS and Ers gathered at Jim Slack and Mary Wards' peaceful Termineigh Farm in Catharpin (That's Cat harpin, not Cath arpin), Virginia.

The rain being intermittent we were able to move from the terrace (home of the beer keg) to the garage (home of the wine bar and hors d'oeuvre). But...with the dinner hour came a down-pour, and 48 bodies and copious quantities of Wurst (Weiss, Brat, Knock), Kartoffel salads, Rotkohl, Sauerkraut, Brot and several beautiful Pflaumenkuchen crowded into what must be a four- or five-car garage, and there were suddenly too many of us. Mary and Jim thoughtfully spread the group throughout their lovely home, leaving the garage gang close to second helpings, for which there was aplenty and of which there were aplenty.

Despite the dampness and because of the camaraderie and the superb feast, a lot of happy and satisfied campers took leave of our host and hostess as darkness came upon the land.

Thank you, Mary and Jim, for your gracious hospitality of this and past years.

Bette Walker



## MEETING AT THE McNEILLS'

A lively crowd of PVSers raised the conversational noise level several decibels higher than usual at the October meeting--which was strange since they were occupied with some serious eating of the bountiful array of goodies Marty had prepared. She had helpfully labeled the dishes as to their ingredients, and many were delighted to find a number of no-fat delicacies. Does one get brownie points if you eat three times as much of no-fat food?

After the business meeting, Dr. Charles Farwell spoke briefly about high altitude skiing. To avoid altitude sickness, he recommended taking the prescription drug Diamox, beginning several days before a trip and continuing two or three days after arriving in the mountains. He also pointed out that chest pains on the slopes should not be ascribed to the altitude but should stimulate a call to 911. And he suggested wearing the highest SPF to cope with the mountain sun.

After some delicious dessert bars, PVSers slowly departed, with fulsome praise to Marty and Bob for a delightful evening.

...Jessma Blockwick



## SUGARLOAF MOUNTAIN HIKE

By Charles Huggins

On October 18, at 9:40 AM, 9 PVSers under the capable leadership of Jackie Wilson and Mary Riley started out clockwise on the the circular Northern Peaks Trail. Two other PVSers started out a short time later going counter-clockwise on the Northern Peaks Trail expecting to meet the other nine about half way around and then return with them. The nine hikers stopped about 11:30 AM for lunch on the White Rocks Overlook to view the valley while eating under the azure sky. The view was gorgeous and the leaves were about 30% of full color.

A little over half way around the trail near the rock hut, Irene Farrell picked up a note from Lu and Carol saying they were turning around. About a mile later, Norm Engelman had a sole on his boot come loose, and he later fastened it with rubber bands so he could drive home. Other hikers coming in the counter-clockwise direction kept giving the time separation of the main group from Lu and Carol. After it narrowed to three minutes, Jack Peoples raced ahead and overtook Lu, Carol, and Josie II at about 1/2 half mile from completion of the loop. Josie II, like her predecessor, appeared to be well on the way to becoming a great hiking dog.

All eleven of us had a great time hiking under ideal conditions. Many thanks to Jackie and Mary for leading the hike and keeping us on the blue rectangles around the mountain.

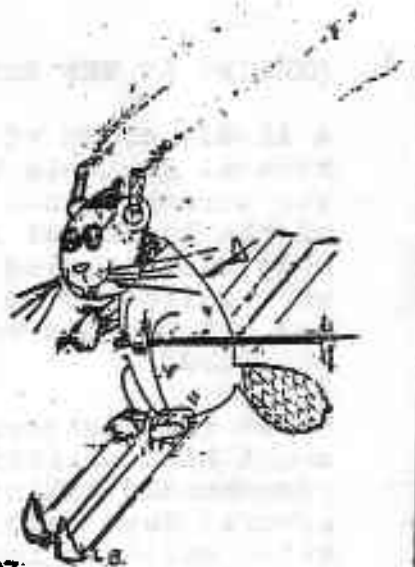
March 13 - 20, 1996,

## PVS STEAMBEAVER

*Steamboat's Champagne Powder &  
Beaver Creek's Uncrowded Elegance*

**Trip Participants: The Second Payment of \$450 is Due by November 10**

*> The Trip is Now Full. Additional space May Be Available.  
If You Are Interested In Joining Us, Please Let Us Know.  
For Information Call Nancy or Ray at (703) 527-7126.*



Send Your Payment (pay to Ray McKinley) to 2326 N. Upton St., Arlington, VA 22207



February 17 - 24, 1996

SKIING THE MAGNIFICENT ROCKY MOUNTAINS OF UTAH  
Dina Taylor leading. For info call: 427-3240  
Spaces are still available at this time.





CLOSE OUT SALE

LOST OUR LEASE

PRICES SLASHED



BEAUTIFUL P V S COMMEMORATIVE 30th ANNIVERSARY CHAMPAGNE  
 FLUTES. RETAIL FOR \$9.95 per GLASS. P V S PRICE \$4.50.  
 LIMITED QUANTITY. DON'T BE LEFT OUT. CALL BILL ANDERSON  
 A S A P. (301) 654-4711.  
 FREE DELIVERY WITHIN WASHINGTON-METROPOLITAN AREA.  
 PLEASE CALL, OPERATORS ARE STANDING BY.

**CASH STATEMENT**

**POTOMAC VALLEY SKIERS**  
**FISCAL YEARS 1993 -1995**  
**June 30, 1995**

	7/1/93 - 6/30/94 Actual	7/1/94 - 6/30/95 Actual	TOTAL FY 93-95
<b><u>INCOME</u></b>			
Dues	7,090.00	45.00	7,135.00
Interest Income	207.50	171.94	379.44
Sale of Articles	190.59	91.00	281.59
Miscellaneous	<u>98.22</u>	<u>63.65</u>	<u>161.87</u>
<b>Total Income</b>	<b>7,586.31</b>	<b>371.59</b>	<b>7,957.90</b>
<b><u>EXPENSES</u></b>			
Toot	1,542.61	1,194.40	2,737.01
Monthly Meetings	244.88	543.27	788.15
EXCOM	330.00	595.00	925.00
BRSC	149.40	93.60	243.00
Filing Fee	25.00	28.00	53.00
Membership Cards	184.97	0.00	184.97
Note Pads	165.50	0.00	165.50
Cosmos Party	250.00	679.91	929.91
Anniversary Party		599.98	599.98
Miscellaneous	<u>0.00</u>	<u>12.16</u>	<u>12.16</u>
<b>Total Expenses</b>	<b>2,892.36</b>	<b>3,746.32</b>	<b>6,638.68</b>
<b>Gain (Loss)</b>	<b>4,693.95</b>	<b>(3,374.73)</b>	<b><u>1,319.22</u></b>
Beginning Balance	3,220.52	7,914.47	3,220.52
<b>Gain (Loss)</b>	<b><u>4,693.95</u></b>	<b><u>(3,374.73)</u></b>	<b>1,319.22</b>
<b>ENDING BALANCE</b>	<b>7,914.47</b>	<b>4,539.74</b>	<b><u>4,539.74</u></b>

Deposit and favors





# THE KNEE

- Page 9 -

by

Ray McKinley

Well, we've made it through our 30th ankleiversary. Our first thirty years have been pretty damn good. And now topped off by a festive evening. What can possibly come next? How about our 31st? According to my Hallmark Cards guide, the appropriate gift for the 31st is ski poles.

Charlie Gordon flew in from Texas for our 30th. While here he stayed with Bill Anderson and earned his keep by helping with electrical and plumbing work. Soon Joan Flake will be able to help as she is taking plumbing lessons. Joan's kneeces will soon call her Auntie Septic.

On the fashion front, new kitchens are "in" with PVSers this fall. Both Nancy and Ray Garrett and Glade and Joan Flake have recently completed new kitchens.

Off to Geneva is Kathy Quinden. She selected the city, she assures me, because it's the only city with a "knee" in it. Not true, Kathy, what of Abaknee, Rio de Jakneero, and of course, Knee York?

Our November host, George Welti was born in Switzerland. As a child he loved a Swiss circus called Cirkus Knee.

A tip of the old kneecap to a dear friend. It appears that Dot Mason is PVS' first great grandmother. Right on!

Betty Byrne is sporting a fractured wrist. Seems she did it whilst (and you thought the Knee ain't got no learnin') on a biking trip in Ireland. She slipped and fell off a 2500 year old wall. Right off!

Karen and Knox Felker's last TOOT came in a little plastic bag from the post office with a note saying they were sorry about the damage. Sorry? It was a travesty; a quarter of the Knee was missing. I was reduced to Kne.

It was a rare pleasure to see Bruce and Penny Hanshaw at PVS Oktoberfest. They got a personal invitation from host Jim Slack when they ran into each other on an airplane.

Nancy Ewing attended without hubby, Ron. He was in Germany on business and hopefully sampling the Munich Oktoberfest.

The Knee will only report this briefly, but the last time Ron Ewing returned from Germany, he brought back another individual's briefs. Hmmm. By the way, all of the lovely brickwork PVSers observed around the Ewing's home was done by Ron.

Ubiquitous PVS, again. The opening concert of this year's National Symphoknee Orchestra series turned out to be PVS night. In attendance for the gala event, which ended with dancing on the veranda of the Kennedy Center, were John and Ramona Matthews, Sally Finan and George Welti, Betty Byrne and Mr. and Mrs. Knee.

Nat Seeman is setting up a darkroom. The Knee has several darkrooms, all at night.

Charlotte Reith is about to be published. First she will return to Burma to several pottery making villages. No, Charlotte isn't going to pot.

Lots of other PVSers are also traveling. Suzanne Boisclair is headed for India. I'm certain she'll have better luck finding it than non-PVser Chris Columbus.

John Newdorp and Audrey Conner, Serge and Liz Triau, and Joan and Glade Flake are all back from Alaska, Fumiko and Myron Marquardt from a Scandakneevian cruise. Alice Swalm cruised from Moscow to St. Petersburg, Nancy Laymon made the same trip two weeks later. And Jackie and Ned Flaherty are just back from a reunion in Spokane.

Don't know if you saw it amidst the reporting on the Million Man March, but there was another significant event, the Seventy-Seven Skier Schuss. It was a day of (ski) atunement. We wanted to celebrate the black experience--to ski black runs. Our goal was greater snowmaking in D.C. but we failed. Now organizers are suing the National Park Service. They said there were only four schussers. We know there were seventy-seven; we counted the skis and divided by two.

CALENDAR:

- Nov. 3 ... Ski Expo at Ballston Commons. Also 4th & 5th.  
Page 2.
- Nov. 9 ... Cabin John Bike Trip. Page 2.
- Nov. 14 ... Dining Out Group. Page 3.
- Nov. 15 ... Appalachian Trail hike. Page 3.
- Nov. 18 ... Annual Chili Hike. Page 3.
- Nov. 21 ... Monthly meeting at Sally Finan's and George Welti's.  
Page 1.
- Nov. 28 ... Excom at Bill Anderson's.
- Dec. 17 ... Christmas Party at the Heitchue's. NOTE: It's  
a SUNDAY.
- Dec. 21 ... Ski Liberty
- Dec. 28 ... ExCom at the Clarks'. NOTE: It's a THURSDAY.



Bette Walker  
2801 New Mexico Ave., N.W.  
Apt. 806  
Washington, D. C. 20016