

VOLUME XXVI
NUMBER 9

Potomac Valley Skiers, Inc.

WASHINGTON MARYLAND VIRGINIA

SEPTEMBER, 1991

President's Message

By the time you receive this message we will be only a few short days away from the autumn equinox. Yes, the summer has "shussed" by. However, our Club members have enjoyed a full summer of great activities, including hiking, white water rafting, swimming, the Kennedy Center, biking, beaching, sailing and of course, lots of EATING. It has been a busy summer. For those of you who were unable to attend these events, I sincerely hope each of you had an enjoyable summer and is eager to resume your P. V. S. connections for our fall schedule.

Now is the time to settle down to some serious SKI THINKING, as the fall will surely shuss by just as quickly as the summer months. Read your TOOT and sign up for the trips offered by your Club. ~~I understand that they are filling up rapidly.~~

Remember, that the success of this Club depends on YOU, the Active Member.

So, start THINKING SNOW, NOW!

Bill

Bill Anderson



SEPTEMBER MONTHLY MEETING

SEPTEMBER 17. 8:00 P.M

WHERE: Home of Myra and Ken Evans
3146 Cobb Hill Lane
Oakton, Va. 22124 (Tel:703-620-0545)

DON'T MISS THIS SEASON OPENER

ENTERTAINMENT...REFRESHMENTS
BUSINESS...PLEASURE

SUMMER'S OVER ...
BACK TO WORK THEY SAY.
NEVER MIND,
WINTER'S
ON THE WAY!

NEW AND IMPROVED DIRECTIONS TO THE EVANS'

From the Beltway, take I-66 West. Take the ^{North} Third Exit--Route 50: Winchester/Dulles. *Take exit to*
~~At the first traffic light (West Ox Road), turn Right~~ and go about one mile to Waples
Mill Road. (There will be a sign saying To Vale Road, but sometimes it is hidden by a
tree.) Turn Right onto Waples Mill and at the stop sign, turn left. You will go about
100 yards and make a sharp right onto Vale Road. Go another mile to Cobb Hill Lane
and turn left. We are the second house on the left. If you are coming from Fairfax,
just come down Route 50 and follow these directions.

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COMING EVENTS

SEPTEMBER 22 ... SUNDAY BIKE TRIP



Meet at Belle Haven Marina parking lot in Alexandria at 9:00 A.M. for a pleasant ride to Mount Vernon and back. It's about 18-20 miles round trip - only a few hills.

When we return to Belle Haven (around 12:00) we will go to Bistro Bistro in Shirlington for a late brunch.

Please call Myra Evans (703-620-0545) to make reservation.

SEPTEMBER 29 ... MONTGOMERY PLAYHOUSE THEATRE PARTY

Sunday matinee (2:30) performance of NOISES OFF - a British farce by Michael Frayn reputed by some critics to be one of "the funniest plays ever written." Theatre tickets are \$7 and can be picked up at the ticket office one half hour prior to performance.

To make a reservation call Sara Huggins (301-424-5725).

Jack Peoples has arranged for those interested to dine together after the performance (about 5 P.M.) at the Flaming Pit Restaurant in Gaithersburg. where the dinner costs will be \$14 to \$18 and a cash bar.

For dinner reservations please call Jack (301-840-2213).

Directions to Playhouse: Drive north on Rte. 270 to Exit 10 onto Rte. 117 west (Clopper Road) to left on Rte. 124 west (Quince Orchard Rd.) Go about one half mile to right on Quince Orchard Blvd. The Playhouse is the first left turn off the boulevard.

OKTOBERFEST - Saturday October 5. 3:00 P.M. RAIN OR SHINE!



This annual October merrymaking will be hosted by Myra and Ken Evans, 3146 Cobb Hill Lane. Oakton Va.

There will be sausages...potato salad ...pflaumen kuchen and other German favorites plus potables - plus Tyrolean oompah, oompah to stomp to.

PLEASE BRING POTATO SALAD, CABBAGE SALAD OR KUCHEN. CHECK WITH MYRA.

Utensils, plates, etc. provided.

Cost: \$9 to \$10 per person.

Reservations limited to 50. Call coordinator and hostess Myra Evans (703-620-0545) by October 1st to reserve a place. (Use answering machine, if necessary.)

Directions: The Evans are also hosting the September meeting described on page 1. Please turn to that page to find directions to the Oktoberfest.

OCTOBER 18 - 20 ... WEEKEND AT THE BEACH



The Bob Barrys, Bill Browns and Betty Lawrence are offering their beach residences for a repeat of last years' super weekend at Rehoboth.

Vivian Barry is again chef, maestro, host of the event. Call her at 703-560-3127 to make a reservation and to get details

Event is limited. No children please. Cost of \$65 per person will include room, Friday night cocktail party, Saturday breakfast, Saturday beach cookout, brunch on Sunday. plus whatever sun & surf the weatherman provides.

Make check payable to Vivian Barry and mail to Vivian at 2535 Ogden St. Falls Church, Va. 22043.

(P.S. If you can't reach the Barrys, call the Browns (301-299-5187.)

COMING EVENTS

2nd AUSTRALIAN WINE TASTING -Saturday Oct 12

7:30 P.M. O'Clock Still room on this special limited event hosted by John and Dorie Waddick in their Alexandria home at 1605 N.Howard Street. The tasting will consist of whites, reds, and dessert wines of Australian vintage, all accompanied by appropriate hors d'oeuvres.

Call the Waddicks at 703-751-3143 to reserve a place.

See directions alongside.



From 495 (Beltway): Take exit North 395 Arlington, Washington, D.C.

or From Springfield: Take 95/395 North then

Pass Edsall Road and Duke Street exits Take the Seminary Road EAST exit toward the Alexandria Hospital

Go 4 traffic lights after the one at the exit ramp (about 1 mile-hospital will be on your right)

Turn left into North Howard Street

The second house on the right is 1605 (white brick house with brown garage doors)

If the driveway is full, go another 200 feet on N. Howard and turn right into Maple Tree Court and park.

FALL HIKE WITH DINNER AT THE STRASBURG HOME OF SHAHR SAD AND JAMIE MILLER

When : October 26th. RAIN OR SHINE What: Hike in the Massanutten mountains near Strasburg; dinner afterwards, prepared by Shahr sad.at the Miller family home.

This adventure is limited to 40 people. Call coordinators Bob and Jan Marx (703-451-9158). Watch for full details in the October TOOT.

SECOND CELEBRATION OF OUR 25TH ANNIVERSARY

Details are being worked out for a gala celebration dinner of our 25th plus one anniversary to be held on Saturday November 1st at the Arts Club of Washington, D.C.

This will be an optional black tie affair to cost approximately \$35 a person. More details will appear in October TOOT. In the meantime, call Bill Anderson (301-654-4711).

DOGGONE DOGS!!!

Want to be a part of DOG? Want to occasionally sample area restaurants with PVS friends? Leave your doggie at home, forget the doggie bags. Join DOG! Look in October TOOT for details. In the meantime, just in case you were wondering, see the last page of this issue for DOG definition.

PAST EVENTSTHE PHANTOM OF THE OPERA by Lu Beale

Many thanks to Steve Grenleski for once again enriching the cultural lives of club members - this time by providing 25 VERY hard-to-get seats to the July 27 performance of Andrew Lloyd Webber's highly acclaimed "The Phantom of the Opera" at the Kennedy Center.

From our excellent orchestra seats we were able to see and appreciate the infinite detail and richness in staging and costume (especially that of the buxom diva Carlotta!) and were awed by the pyrotechnics. The chandelier fortunately crashed just to our right, missing us by only a few seats and causing us to gasp in delighted shrieks.

The singing of the entire cast was impressive, particularly Kevin Gray as the Phantom, Sarah Pfisterer as Christine and Keith Buterfaugh as Raoul in their renditions of the show's best loved songs: Music of the Night, All I Ask of You and The Point of No Return.

We left the KenCen deeply satisfied and deeply moved. What next, Steve?

ANNAPOLIS WITH THE FLAKES - REPRIS OF TIMES PAST by Dorothy Mills

Thirty-six lucky, gung ho, hungry PVSers convened at Joan and Glade Flake's for our annual sail/motorboat/swim/visit/eat get-together on August 10. And what fun! Jennifer and Robert piloted motorboat and sailing excursions around the bay, while ex-cruisers and those waiting their turn visited and snacked on the pierside deck, hosted and entertained by Joan and Glade. The day was absolutely perfect (Joan prayed for it) --blue skies, all-pervasive sunshine, and even wind for sailing. A picturebook perfect summer day.

An afterwards a gourmet feast - courtesy of club members- including a huge crystal bowl of summer fruits from Pres Bill Anderson and home-made ice cream from Ginny Larson and much, much more.

A super special summer outing. How can we thank enough Joan and Glade, and boat skippers Jennifer and Robert? It was a great day.

PVS OFFICERS

President ... Bill Anderson
 Vice President ... Mary Jane McCarthy
 Secretary ... Irene Farrell
 Treasurer ... Margaret Wyckoff
 Membership ... Marilyn Clark
 Program Chairman ... Ray McKinley
 TOOT Editor ... Lu Beale
 TOOT Production... Jan & Bob Marx
 TOOT Copy Editor ... Bette Walker
 PVS Answering Service ... The Marxes
 (703-451-9158)
 Movie Mogul ... Rosemary Soler

EXCOM

Second Term:
 Bill Brown
 Howard Hensley
 June Kelsay

First Term:
 Joan Flake
 Bob McNeill
 Jack Peoples

THE KNEE

by

Ray McKinley



Occasionally the Knee waxes philosophical. Take a look at this month's calendar. Ken and Myra Evans have organized a bike trip to Mt. Vernon followed by a Sunday brunch. This is in addition to hosting the August ExCom meeting, hosting the Oktoberfest and hosting the club's September meeting. Now why would they add another event to their responsibilities? Well, it seems the Evans recently made that bike trip and enjoyed it so much they wanted to share the experience with friends in PVS.

Some time ago, Alice Swalm told me that one of the major reasons she stayed in this area after retirement was to continue her association with friends in PVS who live here.

Obviously, we are more than a group of skiers - or eaters. We're friends. That's what makes this club so special, isn't it? It's much more important than being tied together only by a single interest. I relish the chance to see all of you at meetings and events and find out how you are.

About a month ago, Hank Thomas suffered an aneurysm (as far as I know, the worse effect reading this column has ever had on anyone). Hank remains in intensive care after complications including pneumonia and staph infection.

Aina reports an overwhelming show of concern from PVSers including calls from Bill Stecher in Germany and Dick and Julie King in Knee Mexico.

Dot Mason sends thanks for similar expressions of support during her recovery from recent cancer surgery and for Jenkes who is now at the Fernwood Retirement Home in Bethesda. (Private phone: 301-556-5333).

This has not been a good period for PVSers healthwise. During one week in August, Lu Beale had cataract surgery (if this column is fuzzier than usual, you know where the blame lies); Bill Anderson had an operation on the other end a-la-Ronald Reagan (all polyps were nonmalignant); Dina Taylor had foot surgery; Jack Peoples checked into the hospital for gastrointestinal distress.

All are recovering, cheered by a lot of PVS caring and support. (But, take it easy, guys! ski season with attendant aches and pains hasn't even started!)

I'm reminded that on a Wyckoff Air France trip several years ago, the airline volunteered to make some personalized luggage tags. On the back of each tag, Margaret wanted the tags to read PVS France. However, between her accent (nothing personal, Margaret) and the Air France agent's French accent, the tags came out reading "PVS Friends."

I liked it much better. I've got my tags to this day.

On to less serious stuff. Membership. We kneed you. Several years ago I composed a poem to help spur membership. By popular demand, I'll repeat it here so you'll rejoin.

The Knee
isn't free.
You must pay for me
by rejoining PV
S

Now, you can join a big ski club
or you can join a slight one.
Or you can join a black ski club
Or you can join a white one.
But it's best for you to be
in our PVS, "the club with a Knee."

The club with a Knee
The club with a Knee.
PVS --
the club to be
in.

Rereading it, it really does have an epic flavor to it, a light opening, a major statement in the second verse, and an airy lyrical coda.

It also shows I know all those poetic terms like automatedpoea and illiteration. True poetknee.

Veep Mary Jane McCarthy returned temporarily to her old job. I believe she said she was an ankneestant. As soon as she collected her pay check she was off to Alaska where she hopes to see my namesake mountain. Mt Knee? In Denalknee park?

Californian Jim Slack was in town recently. He missed our regular events but made it to an ExCom meeting for old time's sake. Right on!

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P R O F I L E S

Liz and Serge Triau read about PVS in Lu Beale's 1990 Washington Post article on the club Sutton trip and immediately realized that PVSers were "their kind of people." They joined up and have been enthusiastic and popular participants in club trips and events ever since.

Natives of upper New York state, Liz and Serge met on a blind date while at the State University of New York where Liz majored in nursing and education and Serge earned a degree in Electrical Engineering. They married in 1956 and in the early years moved frequently. Serge joined IBM (which stands for I've Been Moved) and moved up and down the east coast until finally landing in Washington in 1966 where he has been in IBM Engineering Management for 20 years. Liz, meanwhile, worked as teacher or nurse and is planning to retire soon after many years with the Montgomery County Health Department. They love the Washington area and never want to leave not least because their 3 children and 6 grandchildren also live in the area. The Triaus first skied at Canaan Valley in 1986 where they went to Xcountry ski but because of the lack of snow on the trail were persuaded to try downhill on home-made snow. They fell in love with downhill and have been fanatics ever since.

Before discovering PVS they had only 2 friends who shared their love of their new sport. Others thought they were "somewhat crazy" to indulge in such a hobby at their "advanced ages." In PVS they found a host of other crazies to share their joy.

Liz says she does not have a favorite ski area. "I love every place I have skied and want to keep trying new places because each one is an adventure of discovery." However, both Triaus have a special feeling for Keystone, Colorado perhaps because it was the first skiing they had ever done in the west and the accommodations were so fine and the conditions so fantastic it will always be a special place for them.

But skiing is not the only Triau hobby. Among Liz's special interests are needlework, photography, calligraphy, languages and physical fitness. Serge's spare-time interests include financial planning, gardening, real estate, travel and working out at health clubs.

They hope retirement will bring them more time to indulge these hobbies and we hope skiing and PVS will always head the list of those hobbies!

Irene Farrell has been a PSVer for 12 years and club secretary for almost as long. As part of her duties as secretary she attends every ExCom meeting (about 120 so far!) keeping meticulous minutes of the proceedings. She also frequently coordinates events (especially bike hikes!), arranges special-priced purchases of club pins, hats, sweatshirts, etc., and is a frequent contributor to TOOT.

Irene was born in Edmonton, Canada, and, as a member of the Canadian Royal Air Force, came to Washington during the war years assigned to the Canadian Joint Staff. She married a Yankee and has lived in the Washington area ever since, raising a family of two sons and a daughter and kibitzing the rearing of two grandchildren.

Irene's first ski experience was at the ill-fated Rappahannock Ski area in Little Washington, Va. She had a rather slow start because for a while she seemed to suffer a fall (not necessarily on the ski slope) just as each season began and so had to sit the winters out until bones healed and casts were removed.

Finally past these hurdles, Irene has skied more or less non-stop ever since. Along the way she joined SCWDC where she met the Solers and others who introduced her to PVS to her great pleasure...and ours. Her favorite ski area is Squaw Valley which was her first western ski experience and where she has often skied since with her daughter who lives in that area.

Now retired after 20 years with the Housing Opportunity Commission, Irene lives in a recently purchased home in a retirement community in Frederick. During the off-season (that is, non-ski season) she plays tennis three times a week, takes regular strenuous mountain hikes, and bicycles almost every weekend (and mid-weeks, when she can fit it in). Left over spare time she fills with reading, gardening and, of course, attending PVS meetings and events. And filing ExCom notes!

PVS 1991 Wedel Week
Steamboat Springs Colorado
December 7th -- 14th

The Potomac Valley Skiers once again invite you to attend a Wedel Week in Steamboat Springs Colorado with Dick & Betty Comerford as your hosts.

The purpose of the Wedel Week is to get in shape for the coming ski season, both by working hard on ski technique and practicing apres-ski activities in the evening. For the skiing end of it, Steamboat was recently rated as one of the 5 top areas in the nation, offering terrain for all levels of skiers and routinely some of the best powder in the Rockies. On the lighter side, apres-ski activities will be based around our luxury ski-in/ski-out Sheraton Hotel. The package includes all breakfasts, 3 group dinners, nightly apres-ski gatherings and a special awards ceremony. We should be able to ski with Billy Kidd, but if he is not available Christy Comerford has again volunteered to lead.

65
SEASON
PASS

If you are a senior speak to me about special lift tickets and air fares. I can also provide information on other airline benefits.

- * 7 Nights Lodging
- * 25 Yards to the Gondola
- * Rooms have 2 Queen Size Beds
- * 4 Restaurants & 3 Lounges
- * Heated Outdoor Pool
- * 2 Hot Tubs, 3 Jacuzzis & 2 Saunas
- * Laundry Service or Coin Machines
- * Convenient to restaurants & shops
- * Average Snowfall 27 Feet
- * 3600 Feet Vertical
- * 102 Ski Trails
- * 21 Lifts (1 Gondola)
- * 15% Beg, 54% Int & 34% Adv

Transportation:

Plan to arrive in Denver by 2:00 P.M.
I will meet you at the airport
Van from Denver to Steamboat (2.5 hours)
Shuttle Service Around Steamboat
Depart Steamboat 8:30 A.M. 12/14/91
Arrive Denver by 12:00 Noon

Cost:

7 Nights Lodging, Food &
Ground Trans. \$430
Air Fare & Lift Tkts . Not Included

Payment:

Refundable Deposit \$30
First Payment 1 October \$200
Final Payment 1 November \$200
Payable To: PVS Wedel Week

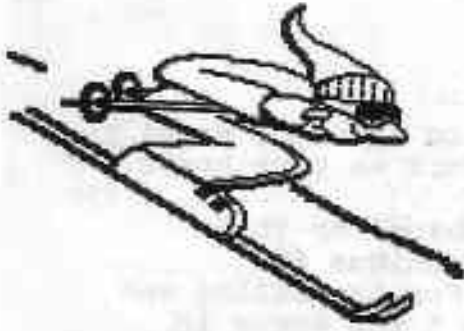
Please complete the form and mail with a \$30 deposit to: Dick Comerford
307 Lounsbury Ct.
Leesburg, Va. 22075
For additional information call (703) 777-9374.

Name(s) _____ Male ___ Female ___ Smoker ___ Non Smoker ___
Address _____ Phone: (H) _____, (O) _____
City _____ State _____ Zip _____ Roommate Pref _____

I acknowledge that PVS, their officers and trip leaders are acting as agents in making these arrangements and assume no responsibility for any injuries nor additional expenses caused by weather or events beyond their control.

Signature _____ Date _____

!! SKI TRIPS !!



1. Steamboat Springs, Colorado - A December 7 - 14 rerun engagement of Dick Comerford's popular Wedel Week. See flier in this TOOT and call Dick (703-777-9374).



2. Mont Sutton, Canada - January 12 - 19.

So far, says Jack Peoples, fifteen people have paid up. Room for 55. Price is firm at \$757 (Seniors- \$722) Double Occupancy. Remember, first payment is now due! Call Jack (301-840-2213).



3. Lech & St Anton, Austria - 17 days (January 24 to February 9, 1992).

Leader Gorman Young says "We are filling up fast so don't delay signing up. We now have 18 deposits with reservations for 22. After that we may not be able to get extra accomodations in our small hotels. Don't forget - if we reach 21 the price of the package is reduced \$60 to \$2000!!" Call Gorman at 202-244-2319



4. Aspen & Keystone / The Summit - February 15 - 29. *The response for this popular Western ski trip was enormous. At this point there are still spaces available for both weeks. Come and join the fun and great skiing on these wonderful mountains. To sign up or information, call the trip leader DINA TAYLOR, 301-663-6089.*

COOK'S CORNER - 9 -



by
Nancy Garrett

September and October have lots of pleasant days for barbecuing outside on the grill. Provided below are two marinades, an easily prepared rice casserole, and a marinade for those last tomatoes from your garden.

MARINADE FOR CHICKEN

Barbara Leonhardt

Mix together and let stand for 1 hour:

- ½ cup oil
(mixture of olive and vegetable oils)
- ¼ cup lemon juice
- 2 teaspoons salt
- ¼ teaspoon pepper
- 1 Tablespoon sugar
- 1 teaspoon paprika
- 1 Tablespoon minced onion
(dried flakes are acceptable)

After an hour, add chicken pieces, turning occasionally as they marinate. Marinate in refrigerator for 1 or 2 days. Cook on grill. Spread a small amount of Bar-B-Que sauce on chicken toward end of cooking for extra spice. This is the recipe Barbara used for the picnics at Wolf Trap.

HILO SAUCE

Nancy Garrett

Mix together well:

- 1 cup apricot preserves
- 1 small can crushed pineapple
(undrained)
- 4 oz. tomato sauce
- 1/3 cup vinegar
- ¼ cup cooking sherry
- 2 Tablespoons soy sauce
- 2 Tablespoons honey
- 1 Tablespoon salad oil
- 1 teaspoon salt
- 1 teaspoon grated ginger root
(may use ¼ teaspoon ground ginger)

Use as marinade for ribs, pork chops, or chicken. Baste often as you grill. You may also bake ribs or chicken in the oven topped with this sauce. (From the Luau.)

OVEN BAKED RICE

In medium skillet cook until light brown:
- 1 stick butter or margarine
- 1 1/3 cups brown rice

Add:

- 1 large onion, minced (about 1 1/3 cup)
Stir until golden brown.

Add:

- 4 bouillon cubes (chicken or beef to match what you are cooking on grill)
- 2 1/3 cups water
- 1 teaspoon salt

Bring to boil, stirring to dissolve bouillon cubes. Turn into 2-quart casserole dish. Cover and bake in 375° oven for approximately 50 minutes. Stir well before serving as onion rises to the top during cooking.

MARINATED TOMATOES

Peel tomatoes by plunging into boiling water for 10 seconds, remove with slotted spoon. Cut out stem and slip off skin.

Cut into quarters and set aside:

- 6 medium to large tomatoes

Mix together and set aside:

- 8 large fresh basil leaves, shredded
- 1 large yellow onion, finely chopped

Mix together and set aside:

- 1/3 cup red wine vinegar
- 2 Tablespoons honey (room temperature)
- ½ cup olive oil
- 1 clove garlic, crushed
- 1 Tablespoon fresh, minced oregano
(may use ¼ teaspoon dried oregano)
- ¼ teaspoon salt
- 1/8 teaspoon freshly ground pepper

In 2-quart jar, or other container, layer tomatoes and spices. Shake marinade well and pour over tomato mixture. Cover and chill 12 - 24 hours. Drain before serving. Additional tomatoes can be added to marinade.

Hope your summer was lovely and you are now ready to get back into the swing of skiing activities - trip discussions, cheese tasting and wine sampling.

CALENDAR

- Sept. 7 ... Crabfest at home of Betty Lawrence.
- Sept. 17 ... Monthly meeting at the Evans' home. 8.00 P.M.
- Sept. 22 ^{Mount} ... Mount Vernon Bike Trip. See page 2.
- Sept. 24 ... ExCom at home of Dina Taylor.
- Sept. 29 .. Montgomery Players Theatre Party. See page 2.
- Oct. 5 .. Oktoberfest at the Evans. Call the Evans (703-620-0545).
- Oct. 12 ^{out P.P.} .. Australian Wine Tasting. Limited. Call John Waddick (703-751-3143).
- Oct. 15 .. Monthly Meeting at the Triau's home.
- Oct. 18 - 20 ... Rehoboth Beach Weekend. See page 2.
- Oct. 22 .. ExCom at Jack Peoples'.
- Oct. 26 .. Fall Hike/Dinner at the Millers. Limited. Call the Marx (703-451-9158)
- Nov. 1 .. Second Celebration of our 25th Anniversary. See page 3
- Nov. 19 .. Monthly Meeting at the McNeill home.
- Nov. 26 .. ExCom at Bill Anderson's.
- Dec. 17 .. Gluhwein Meeting at the Heitchues'.

DOG: Dining Out Group. See page 3.



ROBERT & JANET MARX
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