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Potomac Valley Skiers, Inc. SEPTEMBER, 1992
WASHINGTON MARYLAND VIRGINIA

President's Message

With the end of the SKIERS' SIESTA fast approaching it is now time to seriously consider your 1992-93 SKI Adventures with the Greatest Ski Club in the Land. PVS offers a diverse trip agenda with five major trips, some of which are already reaching their max number of participants. So please, don't get left out. Read the TOOT and send in those deposits, PRONTO.

I am looking forward to seeing many of you at the first general meeting of the season on September 15. It will be a real treat and a far cry from sitting in front of the T V witnessing the two political conventions which a lot of us did in July and August. Since it appears we are in for a long and stinkin' campaign, I say forget it and attend PVS functions.

THINK SNOWE

Bill Anderson, President

SEPTEMBER MONTHLY MEETING AND ART SHOW!!!

Where: Home of Myra and Ken Evans
3146 Cobb Hill Lane, Oakton, Va. 22124
Telephone: (703)620-0545

8:00 P.M.



DON'T MISS THIS SEASON OPENER WHICH, BESIDES THE USUAL SOCIALIZING, REFRESHMENTS, BUSINESS, ETC., WILL FEATURE A FIRST-EVER ART SHOW COORDINATED BY BETTE WALKER (202)333-0766.

P.S. Don't forget to sign in at door and chip in the \$2 fee now charged for PVS meetings to help offset refreshment expenses.

DIRECTIONS: From the Beltway, take I-66 West. Take the third exit- Route 50: Winchester/Dulles to WEST OX ROAD North and go about one mile to WAPLES MILL ROAD. (There will be a sign saying "To VALE ROAD," but it is sometimes hidden by a tree.) Turn right onto WAPLES MILL and at the stop sign, turn left. You will go about 100 yards and make a sharp right onto VALE ROAD. Go another mile to COBB HILL LANE and turn left. The Evans are the second house on the left. If you are coming from Fairfax, just come down Route 50 and follow these directions.

COMING EVENTS



DINING OUT GROUP - Sept. 8, 1992

Join us for dinner on Tuesday, September 8, 1992. Meeting and greeting at 6:30, Dinner at 7:00 P.M. This month dinner is planned at PANJSHIR II, 224 WEST Maple Ave. Vienna, VA. PANJSHIR II is a very interesting moderately priced Afghan restaurant.

Directions: From the Capitol Beltway (Rt. 495) in Virginia, (near Tysons Corners) take exit 11B, Chain Bridge Road (Rt. 123) South for approx. 3.5 miles. Chain Bridge Road becomes Maple Ave. PANJSHIR II is on the left side in shopping center marked by 7-11 sign (Across the street from Steak and Ale sign).

From Virginia Rt. 66, take exit 16 (Rt.123) North onto Chain Bridge Road. approx. 3.5 miles. Restaurant is on the right.

So that we may know how many to expect, please call Pat Tengel or John Smith at (301) 299-8376 by Monday, Sept. 7.

LEESBURG BIKE HIKE

2:00 pm Sept. 26 - Rain date Sept. 27

Call the COMERFORDS (703-777-9375) by Sept. 23 to let them know you are coming. This is the delightful W&OD trail to Purcellville where we stop for refueling before returning to the Comerfords for refreshments (\$8-10 range).



DIRECTIONS: From beltway go west on Rte. 7 to Leesburg. Turn right at second light onto Plaza Street, at 1st stop sign, turn left onto Edwards Ferry Road - proceed 1/2 mile - turn right onto Woodberry, then turn right onto Lounsbury Court to 4th house on right - 307.

PS: Please let Dick know if you wish to rent bikes in Leesburg so arrangements can be made!!

SATURDAY, OCTOBER 3RD. 3:00 PM. OKTOBERFEST

RAIN OR SHINE - C'mon to the Evans' home in Oakton for the annual beer-tasting & ompah ,oompah stomping--PVS style.

As usual there will be sausages...potato salad.. pflaumen kuchen and other Bavarian specialties. PLEASE BRING POTATO SALAD,CABBAGE SALAD OR KUCHEN. Check with Myra. Utensils, plates, etc. , will be provided. Cost:Approximately \$10 a person. Reservations: Unlimited but you must call coordinator and hostess Myra Evans (703 - 620-0545) by September 26 to reserve your place. (If no-show, you will be charged for your sausage, etc!) Use the Evans' answering machine,if necessary.



Directions: Ken and Myra are also hosting the September meeting described on page 1. Please look there for directions to the Oktoberfest.

COMING EVENTS



SATURDAY, OCTOBER 10, 1992 - CAPITOL HILL EXPLOSION

This exciting new event is hosted by PVS friend Marilyn Donahue. Bloody and Virgin Marys will be served from 11 - 12:30 A.M. at Marilyn's capitol hill townhouse to be followed by a tour of nearby Eastern Market (Saturday is market day) followed by lunch at Tunnickliff's Tavern (menu range: \$6-\$8.50). Limited to 30. Call coordinator Jack Peoples (301-881-6220) to reserve.

Directions: Please consult your metropolitan maps and blaze your own trails to Marilyn's house at 406 G Street S.E. (Tel: 202-544-5503)
PLEASE NOTE THAT IT IS SOUTHEAST!!!

OCTOBER 16/18 PVS AUTUMN AT THE BEACH WEEKEND



There are still some vacancies for Bob and Vivian Barry's BEACH WEEKEND at Rehoboth/Dewey Beach, Delaware.

The cost is \$75 per person which includes Friday/Saturday night lodgings, a kick-off cocktail party on Friday evening (bring your favorite hors d'oeuvre and recipe!), Saturday breakfast, Saturday evening lobster feast and Sunday brunch.

The weather is usually pleasant at the beach in mid-October and the ocean is still swimmable.

Call the Barrys (302) 227-7000 (their B&B number) to reserve a place and send your checks to 442 Spring Lake, Rehoboth Beach, DE. 19971-1725.

SATURDAY OCTOBER 24, 1992 - FALL HIKE WITH DINNER AT THE STRASBURG HOME OF SHAHR SAD AND JAMIE MILLER

RAIN OR SHINE!! Time again to view the foliage on the Massanutten Ridge trail in George Washington National Forest near Strasburg and dine afterwards at the historic Miller home. Limited to 40.

Bob Harmon is coordinating and leading this adventure. Call him (703)820-6561 and watch for details in October TOOT.



SECOND ANNUAL "BLACK TIE" FALL DINNER - NOVEMBER 20, 1992

Yes, once again this optional black tie event will give PVSers the opportunity to dine in the historic residence of President James Monroe. Monroe occupied the house during the period the White House was undergoing repairs for damages sustained during the War of 1812.

The event this year will take place on Friday, November 20, beginning with a cocktail reception at 7 P.M.. In addition to the reception, the evening will include a full course dinner with wine, dessert, and after dinner coffee and cordials.

PRICE PER PERSON: \$42.00.

Please call Bill Anderson to make your reservation (301)654-4711 and join us for a great evening in a great house just two blocks west of another Great House. 2017 Eye St. N.W. at Pennsylvania Ave.

THE ARTS CLUB OF WASHINGTON

PAST EVENTS

"BOTTOMS UP!!" or TUBING on the SHENANDOAH by June Kelsay

On the most perfect day possible (August 1), 5 of us met at Cooper School and, with Sally Finan at the wheel, headed for Luray where Irene Farrell was waiting at the outfitters. Some of us were a little apprehensive about this floating down the river on a tube, and Myron Marquardt even went so far as to say that many people might think we were stupid. No matter. We boarded a bus which took us down to the river where each of us was issued a big orange tube and matching life vest. Into the river we went for a slow mile of relaxing with the flow and enjoying the view.

Then it was "Bottoms Up!" for the rapids unless you wanted to be a real drag. What a thrill those first little rapids were! We went faster for the next two miles. Oh, oh, here comes a rock! Bottoms up! This time in the opposite direction, as the tube does a flip-flop into the whirlpool below. It was kind of Sally to tow an extra tube containing our drinks, but some of us didn't get a chance to take advantage of it. Ray McKinley was lucky enough to be offered a beer by some congenial youngsters when he lost sight of Sally.

We were all pretty squishy when we got on the bus to return to headquarters. I was squishiest of all because I had on more clothes, having covered myself from head to foot to avoid sunburn. Irene said she enjoyed the warm dressing room where she changed clothes. Ray took the prize for the most colorful costume - hot pink aqua shoes and matching bathing trunks. Shirley Rettig had the cutest hat. Myron got the best burn, although Shirley's ankles came out pretty red. We voted to do it again next year. Y'all come. Thanks, Shirley, for arranging a great outing.

"FLAKE-O-REE" ON THE CHESAPEAKE by Rosemary Soler

The beautiful Bay Ridge home of Glade and Joan Flake was the scene, on August 8, of our traditional Sail/Motor/Cookout happening, featuring excursions around the Bay on "Snowflake" their 34 ft. sloop and motor launch, piloted by young Flakes, Jennifer, Robert, and friends. With an attendance of about 50 the weather man cooperated by refusing to rain, although he threatened with grey skies and cool breezes. As the dockside contingent waited their turn for a spin on the water, they chatted and sampled the munchies and libations provided.

At grill time, on their great, new patio, PVS&Ers lived up to their acronym with emphasis on E (as in eat), as they snarfed down prodigious amounts of food - specialties from the grill, exotic salads and delectable desserts, not to mention the free flow of wine, beer and soft drinks.

The highlight of the day came when we celebrated the (?) birthday of TOOT editor Tootlelu. As she cut her cake, festooned with little skiers on vanilla "snow" Pres Bill popped the bubbly, we toasted the birthday girl and a good time was had by all.

Thanks, Joan and Glade, for a perfectly marvelous day, as always!

DINNER AND DANCING AT BLOB'S PARK by Myron Marquardt

It was a rather misty but pleasant evening August 15 at Blob's Park in Jessup, Md. Anyone who has skied at Mont Sutton with PVS knows that weather will not stop PVSers from pursuing activity goals. Twenty eight of us showed up for nourishment and subsequent dancing. There was the usual variety of polkas, waltzes, etc. There was plenty of room on the dance floor for participants to devise their own unique style and it appeared as though some unique styles were being used.

PVSers definitely have a diverse interest in music. A few members who had attended the Beethoven concert were present. A 90-year old woman who is a regular Saturday night attendant gave a dance demonstration. The ability demonstrated by some of our members should result in both skiing and dancing expertise at 90. (Continued on next page.)

BLOB'S PARK by Myron Marquardt (Continued from previous page.)

It was customary, during the days when most PVS members were growing up, to hold your partner instead of dancing separately as is customary now. Two young fellows back then were discussing the next Saturday night's dance at the local dance hall. The first guy says to the other guy, "I notice that you are a regular attendant at the local dance hall and it is obvious that you can't dance, but you never miss a dance." The second guy, "You don't have to be an expert at dancing to enjoy holding the girls while they dance." Some of us still enjoy holding a girl while she does the dancing.

All of us at Blob's Park want to thank Mary Jane for arranging such a fun evening. We hope we don't have to wait so long for the next occasion. Only long enough for sprained joints and muscles to heal up from the winter ski trips.

!! SKI TRIPS !!

STEAMBOAT, Colorado: December 5 - 12, 1992.

Leader Dick Comerford says "Hurry, hurry, hurry, this trip is just about overflowing with PVSers. The order has already been placed for the wine, beer, food and good times. Call Dick at (703) 777-9374 to reserve your place on the trip before the September meeting."

STOWE, VT.: January 9 - 16, 1993.

Leader Jack Peoples reports the trip is fast filling but there are still a few places. Call Jack soonest (301) 881-6220.

SKI-O-REE at BLUE KNOB, PA. January 29-31, 1993.

Jack Peoples coordinating. Call Jack at (301) 881-6220.

SKI FRANCE - January 22 - February 3, 1993

Because there has been so little response to his proposed European trip to France and Switzerland, trip leader Gorman Young has changed plans to best accommodate fewer participants. The European trip will definitely go but the Verbier portion has been dropped. Instead, the group will spend 10 days in Meribel, France, plus one night in Geneva. The Paris stopover option is still available. Costs for the package are not yet set but will, of course, be substantially less than previously planned. Call Gorman (202) 244-2319 to reserve a place and to get complete details.

BIG SKY, MONTANA - February 17-26, 1993.

This popular trip is now fully subscribed and waitlisted. Trip leader Dina Taylor has requested additional rooms and expects to have them mid-September. Anyone interested should call Dina (301) 663-6089 and request to be waitlisted. For those confirmed to be on this trip, a friendly reminder: a payment is due September 1st. Making timely payments keeps costs down and the trip leader can pay deposits to the providers. "Thank you kindly," says Dina.

SALT LAKE CITY, UTAH - March 16-23, 1993.

Call leader Shirley Rettig (703) 836-0147 for details.



THE KNEE

by .

Ray McKinley

Within the last couple of weeks the first ski magazines arrived. Suddenly, looking at the pictures, and especially the ads, (clearly, at least in the ski advertising industry, the recession is over) it's easy to slip into reverie and start thinking about skiing in earnest. (Earnest is a small area not far from Killington.)

According to Ski Country, the top resort in North America was Whistler-Blackcomb, with Vail second. Killington was the only Eastern resort in the top 10, and, in a real upset, Ski Liberty did not make the top 50.

Six resorts, according to Ski magazine, had over a million skier days last winter. Vail had 1.5 million; Whistler-Blackcomb 1.3. Four other resorts had between 1.023 and 1.002 million. Last year only 4 resorts had over a million skier days. Obvious conclusion: as PVS ages, we ski more.

Speaking of age - it can be an advantage. Prior to tubing on the Shenandoah, we were all given tubes. Some were a bit underinflated. We were told we could blow them up ourselves. June Kelsay strode to the booth, towered over the slight young man and sighed, "You don't expect me to blow this up, do you? I'm an old lady." She got a new tube.

Anykneeway, recently the Knee had a business trip to Utah, and visited Park City. Beautiful in summer, cloaked in various shades of green. I am rarín' to ski; hope you are.

Ubiquitous PVS -- again. Shirley is currently in Alaska on a self-designed tour. Charlie and Tina Farwell and Kirk and Peggy Burns are also there. And recently Joe and Nancy Lewis and Kathy Reynolds and husband Reg ran into each other staying at the same hotel

in Bermuda. (Bermuda is a small island far from Killington.)

Also travelling -- Sally Finan to Maine and Huey Roberts to Dillon, Colorado. Huey will do some mountain biking and stay there (again) for the ski season.

On a beautiful day for tubing (or anything else), Shirley Rettig was incogkneeto -- she wore an SCWDC T-shirt. Myron Marquardt noted that Shirley ran hot events since it also reached over 70° in Salt Lake City on her trip there last year.

PVS bylaws call for a yearly audit of our books. Dina Taylor is doing them. When asked the status, Dina declared she was working audit.

Jack Peoples became coordinator of Betty Lawrence's pool party/crab feast because, according to him, "I've had crabs all over." Dick Comerford told him if that was the case, to stay out of the pool.

PVS's September EXCOM should be held in Europe. Margaret Wyckoff and Dina Taylor will be in England and Karen Felker will be in Denmark.

Svava Vernhards is recovering from a broken arm and Jim Wingrove from rotator cuff surgery. Jim will likely be among the first to ski this year. Along with Bob McNeill and Reg Heitchue, he's off to Vail December 3. Right on.

John Smith, just back from Italy, reports great ski conditions. More snow in the Alps in August than May. John, unfortunately, did not bring ski equipment. Pity. (Italy, by the way, used to be a small part of Killington.)

Marilyn Clark just got new skis. When asked what kind, she responded, "Green, of course. To go with my new outfit."

The Knee received a postcard from PVS' Spanish contingent, Jim Arnold. He reports visiting the Sierra Nevadas and the Pyreknees (the Pyreknees are a small mountain range in which Killington is located.)

Enuf.

COOK'S CORNER



by

Nancy Garrett

In June, the Walns hosted a lovely Hawaiian Luau complete with palm trees, leis, birds, and a menu

that provided a feast both tantalizing to the eye and titillating to the taste.

This month's recipes are for the "PuPu s" served prior to dinner. Next month will feature the main course items, salad and dessert.

COCONUT CURRY SHRIMP DIP

Mix together and chill for several hours or overnight:

- 1 cup sour cream
- 1 teaspoon curry
- 1/2 cup finely chopped coconut
- 1/4 teaspoon salt
- 2 finely chopped scallions
- 1 can (4-1/2 oz.) shrimp, drained
- Dash tabasco
- Dash black pepper

Serve with crackers or vegetables.

TERIYAKI BEEF STICKS

In large bowl, mix well:

- 1/4 cup soy sauce
- 2 Tablespoons sugar
- 1 Tablespoon minced fresh ginger
- 2 cloves garlic, minced or pressed
- 2 Tablespoons dry sherry
- 2 Tablespoons salad oil

Trim all fat and discard from:

- 1-1/2 lbs. boneless lean sirloin steak - about 1-inch thick

Cut meat across the grain in 1/4-inch slices. Mix meat with soy marinade. Cover and chill overnight.

Weave thick wooden skewers in and out of meat slices so that meat lies flat. Cook on a grill 3-4 inches above a bed of hot coals, turning meat until brown on both sides (5-7 minutes). Serves 12.

Janet cooked these an hour before guests arrived, re-heating in the microwave for 2 minutes on high before serving. She tripled the recipe for the Luau.

PINEAPPLE CHEESE SPREAD

Mix together:

- 2 (8 oz. packages Lite Cream Cheese, softened
- 1 (8-1/2 oz.) can crushed pineapple, drained well
- 1-1/2 cups finely chopped pecans (reserve 1/2 cup for garnish)
- 1/2 cup finely chopped green pepper
- 2 Tablespoons minced onion
- 1 Tablespoon seasoned salt (Janet used Lawry's No Salt Seasoned Salt)

Refrigerate overnight. May be served as spread with pecan garnish or rolled in balls and rolled in pecans. Makes 2 large balls. Serve with crackers.

LEEK DIP

Mix together well and chill overnight:

- 1 package Knorr Leek soup mix
- 16 oz. carton sour cream

Serve with crackers and/or veggies.

LOMI LOMI (Salmon Relish)

Rinse, drain, and flake with fork:

- 3 (7-1/2 oz.) cans boneless, skinless canned salmon

In a glass serving bowl, place in 2-3 layers:

- Flaked salmon
- 3 plum tomatoes, chopped
- 4 scallions, finely chopped

Serves 25-30 as a relish or "side" salad.

From the Steak and Swim, by request:

HUMMAS

Genee Boykin

Place in food processor, using plastic blade, blend until smooth:

- 1 (16 oz.) can chickpeas, drained (reserve liquid to thin mixture)
- 1 clove garlic
- 3 Tablespoons Tahini (sesame seed paste) Stir paste well before measuring.
- 5 Tablespoons lemon juice
- Cumin to taste
- 1/4 - 1/2 cup good olive oil (Use just enough to keep mixture together.)

Pour into oval-shaped flat dish. Sprinkle with olive oil and lemon. Garnish with black olives and parsley. Serve with pita bread cut into small wedges. Serves 10-15.

CALENDAR

- Sept. 5 ... Crabfest.
- Sept. 8 ... DOGS. See page 2.
- Sept. 15 ... Monthly Meeting/Art Show. See page 1.
- Sept. 22 ... ExCom at Bette Walker's.
- Sept. 26 ... Comerford Bike/Supper in Leesburg. See page 2 .
- Oct. 3 ... Oktoberfest at the Evans'. See page 2.
- Oct. 10 ... Capitol Hill Explosion. See page 3. *G signed up*
- Oct. 13 ... DOGS
- Oct. 16-18 . Rehoboth Weekend with the BARRYS. See page 3.
- Oct. 20 ... Monthly Meeting at the Triaus'.
- Oct. 24 ... Fall Hike. See page 3.
- Oct. 27 ... ExCom at the Garretts'.
- Nov. 14 ... Great Falls Hike and Chili with Ray and Nancy. Limited to 25.
Call Ray to reserve.(703)527-7126. Details next month.
- Nov. 17 ... Monthly Meeting at the Marquardts'.
- Nov. 20 ... Autumn Dinner at the Arts Club. See page 3.
- Nov. 24 ... ExCom at Bill Anderson's.
- Dec. 15 ... Annual Gluhwein Party at the Heitchues'.

NEW EVENT: October 31.. Hallowe'en Costume Party at Arlette DeLong's. Limited attendance.
Call Arlette(202) 337-4664. Details in October TOOT.

Roster change of address: Nat Seeman.5300 Holmes Run Pkwy.
Apt. 1401. Alexandria,Va.22304 (Same telephone-703-461-0859)



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