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Potomac Valley Skiers, Inc.  
WASHINGTON MARYLAND VIRGINIA

October 2018

[www.pvskiers.org](http://www.pvskiers.org)

[info@pvskiers.org](mailto:info@pvskiers.org)

## President's Message

### NATURE'S AWESOMENESS

Words are important.

Words form the building blocks of our thinking and communications. According to Plato, words are forms, constituting ideals, giving definition to both objects and actions. To use two examples, when we use the words chair and ski, the ideas - and according to Plato, the ideals - of a chair and of a ski come to mind. Words create the categories into which both objects and actions fit. These categories - Plato would say these realities - channel our thinking. Word definitions create ideals against which objects are measured. The (Platonic) ideal chair, ideal pair of skis and every other ideal word category sets the standards for the words' subjects.

The corollary is that if something does not fall within our fixed categories, which are defined by words, we cannot (easily) contemplate it. The undefined action or thing is a shadow. Words not only allow thinking, but they also limit and shape thinking to conform to our pre-existing verbal categories.

With this background, I note that many of us may not have definitions for words that we use in skiing. To avoid our falling in the shadows, I supply some for our use.

**APRÈS SKI:** A place where skiers can drink and otherwise socialize after skiing, telling people about their prior skiing exploits. Skiers generally talk to those who were not there and therefore cannot challenge the veracity of skiers' *Après Ski* presentations. An example: a skier at an *Après Ski* event, perhaps a skier from Scotland, might say: "I skied successfully through the trees of Birnam Wood, a murderous path," not revealing that he entered Birnam Wood by mistake and only because of witches' prophesies. He also might not reveal that after taking off his skis, he walked out onto a cleared green trail named Duncan's Beginners' Slope.

**ART GALLERY:** A place where, after skiing or on rain days, skiers go to look at art - paintings, woodworks and all sorts of skiing accoutrements - invariably finding an unduly expensive piece that they like. They regret if they buy the piece (because of its price) and if they do not (because of its art). Airlines being what they are, it pays to negotiate shipping.

**BUMPS:** 1. Same as Moguls. 2. Moguls are a series of bumps on a ski slope formed when skiers push snow into mounds by making sharp turns. Artistic and creative ski resorts also make Moguls.

---Please continue on page 13---

### MONTHLY MEETING

Eugenia and Phil Ufholz's

October 20<sup>th</sup> 2:00 PM

Saturday

8613 Long Acre Court

Bethesda, MD 20817

301-469-6135



## **Directions to Ufholz's**

### **FROM VIRGINIA ON THE BELTWAY CROSSING INTO MARYLAND:**

Take River Road (MD-190 E) exit (Exit 39B) toward Washington. Turn left onto Burdette Road and proceed 1.3 miles. Turn right on Bradley Boulevard (MD-191) and proceed 1.1 miles. Turn left onto Valley Road; take the first right onto Ridge Road. Continue on Ridge to the top of the hill, 8613 Long Acre Court is on the right (the first house in the cul-de-sac).

### **FROM WASHINGTON, DC, ON WISCONSIN AVENUE:**

Follow Wisconsin Avenue, crossing into Maryland. Turn left on Bradley Lane (MD-191 N) and proceed 2.7 miles. Turn right onto Valley Road. Take the first right onto Ridge Road. Continue on Ridge to the top of the hill, 8613 Long Acre Court is on the right (the first house in the cul-de-sac).

### **FROM I-270 TOWARDS WASHINGTON:**

On the I-270 spur, take exit 1 –Democracy Boulevard. Turn left on Democracy Boulevard. Turn right on Fernwood Road and proceed 1.2 miles. Take a slight left on Greentree Road and proceed .5 mile. Take a right onto Ridge Place; take a left onto Ridge Road; 8613 Long Acre Court is on the left, the first house in the cul-de-sac.

## **Coming Event**

**JOIN PVS FOR THE  
ECLIPSE CHAMBER  
ORCHESTRA'S CONCERT  
SUNDAY, OCTOBER 7 AT  
3:00 PM**



In its 27th season of world-class performances, Eclipse Chamber Orchestra, one of the nation's premier chamber ensembles, presents exceptional performances of diverse repertoire. Featured regularly on WETA-FM, ECO takes great pride in spotlighting its members as soloists in every concert where one can enjoy hearing up close the artists one sees only from afar at venues like the Kennedy Center. Please join PVS once again to enjoy Eclipse's first concert of the season at the George Washington Masonic National Memorial in Alexandria. [www.eclipseco.org](http://www.eclipseco.org)

**SUNDAY, October 7 at 3 PM**

**Mozart: Overture to The Magic Flute**

**Haydn: Cello Concerto in C Major**

**Beethoven: Symphony #4**

Optional: gather for post-concert dinner in Alexandria

Eclipse Chamber Orchestra is committed to bringing quality music at a price that everyone can afford. Therefore it's "pay as you can." Donations (\$35 suggested) are made at the door, or you can donate online.

Please RSVP to Ray and Nancy McKinley at 703 595-8375 or at [nancymckin@gmail.com](mailto:nancymckin@gmail.com) by October 6 to let us know you're coming, and we'll keep a lookout for you. Let us know if you plan to join us for dinner and we will include you in the reservation.

We'll see you there!

Coming Event

Join PVS to see the Tony-award-winning musical

# Billy Elliot!



**On Saturday, December 1 at 2:00 PM**

All 11-year-old Billy wants to do is dance. While the 1984 UK miners' strike squeezes his family and splits his town, Billy's passion for ballet first divides, then ultimately unites, the community - and changes his life in extraordinary ways.

Based on the powerful and acclaimed film, *Billy Elliot* swept the Tony, Drama Desk, and Olivier Awards for Best Musical by combining a dynamic score by the legendary Elton John with sensational dance to create a heartwarming, inspirational and triumphant experience.

This performance is at the Signature Theatre in Shirlington, VA. Nelson Pressley, stage critic for The Washington Post, just pronounced Signature Theatre his favorite of all the many stages in the Washington area due to its "terrific" shows, its location with free parking and proximity to restaurants, and the design of its lobby and theaters. Pressley calls Signature "an appealing combination of elegance, intimacy, accessibility and panache."

After the show, those who are interested may join us for dinner at a nearby restaurant.

Tickets are \$70 per person, non-refundable group/senior rate.

**We have a very limited number of tickets so don't delay!**

If you're interested, first please contact Nancy McKinley ASAP at 703 595 8375 or by email at [nancymckin@gmail.com](mailto:nancymckin@gmail.com).

Then pop your check in the mail, made out to Nancy McKinley and send to 1805 Crystal Drive #813, Arlington, VA 22202.

Also, please note if you expect to join us to eat after the show.

## Past Event

### *September Meeting*



It was just what we needed after the wettest DC-area summer in memory. The first day of fall was beautiful and a great reason to get out and head to the September monthly PVS meeting to be with like-minded ski friends!

Kal & Nur Nossuli hosted about 30 PVSers on the afternoon of September 22 at their lovely



home in Potomac and went out of their way to set the stage for a great start to the new season which, we note, is the start of PVS' 54th year. They laid out goodies for every palate - shrimp, hummus, salmon, cheeses, and crudité's were just some of the scrumptious delicacies for us to enjoy.

Bob Jablon called the meeting together downstairs where there were plenty of seats set up especially for us and, in his usual droll way, after thanking the Nossulis, he called for updates on PVS activities. Nancy McKinley spoke about upcoming meetings and events planned by her and Ray McKinley including a concert by the Eclipse Chamber Orchestra and a staging of the musical, "Billy Elliot," at Signature Theatre. Ski Trip Chair, Rosemary Schwartzbard, noted our relationship with Sun and Ski, their upcoming ski sale, and the meeting we'll hold there in November. Kathy Lake talked about the ever-popular Snowmass ski trip, Bob and Cara Jablon extolled the virtues of their PVS ski trip to Steamboat, and in Inge Lesjak's absence, Rosemary noted Inge's PVS trip to Sun Valley. (There's more info about all these events and trips in this edition of the TOOT.)



The meeting (dare we call it a party?) ended with coffee and more delicious items - cookies, pie, madeleines, and strawberries.

PVS members were effusive in thanking the Nossulis for hosting - it's so appreciated by us all! Many thanks again, Kal and Nur!

*submitted by Nancy McKinley*

## SKI TALK



I took a course a few weeks ago called Until Help Arrives. It was related to my work in disaster response. I have been involved in Disaster Mental Health for years, and this is one of the best courses I have taken. Part of this training involved how to increase your chances of surviving in a mass-casualty event. What was emphasized was to train yourself to be aware of where you are and how to exit. Know your surroundings. There are often multiple ways to exit a location, but people don't take note. Then, if there is an event everyone goes to the same door and the crowd gets stuck. Take note of exits in theaters, airplanes, buildings you visit, sporting events, etc. If you work in or live in a large building, explore it and know the different ways to get out. Drive different routes to familiarize yourself with your area. People often "freeze" in high stress situations and don't survive.



Watching TV and hearing stories during Hurricane Florence also brought this to mind. People get complacent and do not heed warnings. Although there were dire warnings for several days before the hurricane, many people still did not have a plan, and did not evacuate. Be realistic, not optimistic. Make a plan and follow it.

How is all this relevant to skiing? How many people just go out on the slopes without knowing where they are and where they are going? Even if you are with a group, be knowledgeable about the area. Study the ski map. Know what lifts to take. Know how to get back to the hotel. Make a plan with your group. Where will you meet if you get behind? If you have a cell phone, carry it with you when skiing. Have the ski patrol number, the number of the hotel and the numbers of one or two other skiers and the group leader. Also, be sure your emergency ID is in your phone. If someone in the group gets hurt, stop, take your skis off and put them in the snow crosswise behind the injured skier. Call ski patrol. Stay with them. If you see someone hurt on the slopes, stop to help. Don't venture into areas above your skill level. Pay attention to weather forecasts and warnings on the slopes.



Whether on the slopes or off, know where you are, and be aware of how to get to safety. Train yourself to be more aware and more resilient. A good book to read is:

"The Unthinkable - Who Survives when Disaster Strikes - and Why" by Amanda Ripley.

Be smart. Be aware. Be safe.

Rosemary Schwartzbard  
rosemaryschw@gmail.com



## Ski Trip



# Potomac Valley Skiers

2019 Snowmass, Colorado Ski Trip

Wednesday - Wednesday

January 9 – 16, 2019

## Trip Details

Once again we will be staying at the [Snowmass Mountain Chalet \(SMC\)](#), which offers a convenient ski in, ski out location. Check the web site at [www.mountainchalet.com](http://www.mountainchalet.com). The “**Land Only**” package includes: transportation to and from Aspen airport (7am -11pm); 5-day senior lift pass ([good for all four ski areas in the Aspen complex, free shuttle bus](#)) with option for extra days; 7 nights lodging (double occupancy); daily breakfasts; daily soup-lunch; luggage-handling; a welcome reception, an “all guest” hotel sponsored party, a pizza party and a farewell group dinner to celebrate our trip. Additional nights at Snowmass are an option **based on availability**. Trip insurance is available through Encompasse Tours and is [highly recommended](#). For trail information check [www.aspensnowmass.com](http://www.aspensnowmass.com).

**The basic package at \$1,650 includes a 5-day lift pass for skiers 65 and over. Skiers under 65 will have to add \$104.00.**

### Costs:

Basic Snowmass Package (65 and older)

Under 65

add

Single Supplement

add

Extra hotel night (pending availability)

add

Non-skiers

deduct

Extra ski days (65 and older)

add

Under 65

add

Silver Pass (70+ skiing 8 or more days)

add

### Price

\$1,650

\$ 104

\$1,044

\$ 310 per room per night

\$ 248

\$ 70 for a **6-day senior pass**

\$ 120 for a **7-day senior pass**

\$ 188 for a **6-day pass**

\$ 184

## Payment Schedule

\$300 deposit is due with application.

Second payment of \$750 is due **August 15th**.

Final payment is due **September 15th**.

## **To sign up please send:**

(1) the [Application form](#) -- one per person or one per couple residing at the same address

(2) a [Deposit of \\$300 per person](#) and/or your [payment due](#), and

(3) the [signed Waiver of Liability Agreement](#) by each party taking the trip

Checks should be made out to **Kathy Lake** and mailed to 11677 Fox Glen Drive, Oakton VA 22124 (put [PVS Snowmass 2019](#) on the check memo line).

Kathy and Barry Lake are the trip leaders. For more information, feel free to contact us at

703-625-2715 or [kathylakehomes@yahoo.com](mailto:kathylakehomes@yahoo.com)

Application and waiver - [http://pvskiers.org/ski\\_trips/Snowmass2019+Waiver.pdf#page=3](http://pvskiers.org/ski_trips/Snowmass2019+Waiver.pdf#page=3)>

## [The Mountain Chalet](#)

The **Snowmass Mountain Chalet** is an independent lodge, managed on-site, with easy access to the slopes. Each of the 64 rooms has either 2 queen beds or 1 king bed, **depending on availability**. All rooms have: hair dryer, TV, small refrigerator, etc. The lodge has a nice lounge on the main floor with chairs, game tables, fireplace, and large windows overlooking the slopes. There is an elevator, exercise room, outdoor pool, a hot tub and laundry facilities. A full breakfast is served family style each morning. A complimentary soup lunch is served from Noon to 1:30 PM. The lodge has no restaurant for dinner. However, the Snowmass Mall, on the level above, and hotel area below (via the small gondolas) has diverse restaurants at all price levels. Bus service stops are nearby for trips to a nearby grocery store, into the town of Aspen, to other Aspen ski areas, and to Glenwood Springs.

## [Trip Insurance](#)

**Trip insurance is recommended.** Travel Guard is available through our travel agent, Encompasse Tours, at [Encompasse.com](#). (The insurance link will connect you to Travel Guard.) The insurance provides coverage for accident, illness, injury, or death to attendee or immediate family member. There are several plans available, depending on your situation. You will have more reimbursement options by purchasing shortly after sending in your trip deposit. Please read carefully before choosing. And, be sure to save all receipts concerning your trip!

## [Cancellation Policy and Fees](#)

If it becomes necessary for you to cancel your trip, the trip leaders will try to minimize your losses, although some fees are mandated by the hotel and tour operator. All cancellations must be in writing. [We strongly urge you to purchase trip insurance](#) (see above).

**Please take the time to ensure the information you provide is correct, and take note of deadline dates!**

**Cancellation fees are as follows:** *Dates and costs are consistent with requirements and penalties imposed by vendors per contracted agreements.* LAND Only Package: \$300 after September 28th until December 1st; after December 1st, cost is entirely non-refundable.

**If you are a “single” participant** requesting space on a PVS-endorsed ski trip and need a roommate, we recommend each of you purchase insurance to cover both of you if one of the roommates cancels. Otherwise, you will be offered the choice of one of the following three options:

- 1) Helping the trip leader find a replacement trip participant who will fill the space vacated; [or](#)
- 2) Staying on the ski trip by paying the “single supplement” [or](#)
- 3) Canceling from the ski trip and paying all currently due penalties.

Ski Trip

# Come ski with PVS at Sun Valley, Idaho

Blue Ridge Ski Council (BRSC) Western Carnival

February 2 - 9, 2019

Bald Mountain - Top Elevation: 9,150 feet, 100+ Trails, 10 Lifts + Gondola, Mountain Dining



**We now offer a lower package price INCLUDING United Airline Flights in and out of Sun Valley.**

**Sun Valley Lodge Apartments**

Two Bed/Two Bath, One King/2 Twins **\$1,700 /pers\***  
Single Supplement add \$648

**Sun Valley LODGE Rooms**

Single Supplement add \$890 **\$1,940 /pers.\***

**Sun Valley INN Rooms**

Single Supplement add \$682 **\$1,725 /pers.\***

\* Deduct \$400.00 for the package without airfare

**PACKAGE INCLUDES:**

- Seven nights lodging as presented
- Baggage handling
- BRSC Welcome Reception
- BRSC Après Ski Western Barbecue
- PVS happy hours and dinner
- BRSC Final Farewell Dinner and Dance
- BRSC NASTAR Race
- Mountain tours
- Five of six-day Sun Valley lift tickets

-Guests have access to all resort amenities including outdoor pools and the new Sun Valley Resort SPA.

-All properties are a shuttle ride to the slopes.

-WiFi is available throughout the resort.

-Seniors 65+: Deduct \$5.00 from package price above for package with a 5-day lift pass.

-Add \$30.00 to package price for a 6-day pass.

**Application and Waiver -**

<[http://pvskiers.org/ski\\_trips/SunValley2019+Waiver.pdf#page=3](http://pvskiers.org/ski_trips/SunValley2019+Waiver.pdf#page=3)>

**TRIP DEPOSITS:**

\$300.00 deposit per person due with sign-up----->\$500.00 per person due August 15, 2018

\$500.00 per person due September 31, 2018----->Final payment due October 31, 2018

Deposits and final payments should be made to Inge Lesjak;  
please mail to: Inge Lesjak 8123 Kingsview Ct., Springfield, VA 22152

**LOOKING FOR A SINGLE MALE SKIER TO SHARE ROOM**



## **AIR: United Airlines (Subject to change)**

IAD/DEN/SUN	2/2	#1950	8:30am - 10:37am	#5697	11:35am-----1:40pm
SUN/SFO/IAD	2/9	#5962	2:00pm ---3:11pm	# 517	- 4:20pm -- 12:24pm

### **Download Winter Trail Map & Guest Guide**

<http://d26zlhfpekbdmm.cloudfront.net/files/pdf/SV Winter Trail/Map 2017 18.pdf>

**Mountain Base Amenities: Lockers/ Ski Storage, boot dryers, lounge, bathrooms, affordable tuning and repair service**

**Sun Valley LODGE Apartments provide privacy and comfort while being close to all amenities at the Lodge: heated pool and sauna, bowling alley, dancing. These apartments come in two-bedroom units; each has a large bath, gas fireplace, living room, kitchen, refrigerator and a dining table.**

**Sun Valley LODGE 2 Queen Suite or LODGE King Suite have been newly decorated and include a fold-out sofa in the sitting area, spacious bathroom with soaking tub, walk-in shower and double sink vanity, built-in dressers and a convenient ski closet. 2 TVs, a safe, refrigerator, and free wi-fi.**

**Sun Valley INN Deluxe Rooms are available with either one King Bed or two Queen Beds. The bathroom features a marble tub, vanity with sink plus bathrobes. There is a TV with a DVD player and pay-per-view, plus a refrigerator and high-speed internet access.**

**BLUE RIDGE SKI COUNCIL EVENTS** – be sure to bring your neck wallet to each event.

WELCOME RECEPTION, **Monday** 6:00pm – 8:00pm at the Sun Valley Conference Center

BRSC NASTAR RACE, **Tuesday** Warm Springs 10:00am – 1:00pm

APRÈS-SKI PARTY, **Tuesday** 3:00pm – 5:pm at the River Run Lodge.

FINAL FAREWELL DINNER and DANCE, **Thursday** evening 6:00pm – 10:00pm  
Upscale buffet and Sun Valley's top-rated service. Dance the night away at Sun Valley's Conference Center

PVS DINNER downtown, restaurant/time TBD

**If you have any questions, please contact Inge, PVS Trip Leader at [Lesjak.inge@gmail.com](mailto:Lesjak.inge@gmail.com)**

## Ski Trip

### *Return to Steamboat Springs, Colorado, March 9-16, 2019*

We are conducting a Steamboat Springs ski trip that we hope will excite PVS Skiers. PVS frequented Steamboat Springs for many years. We now return. Steamboat Springs has varied terrain for all skiing levels; a large, well-kept mountain; long runs; 18 lifts, 165 trails, 2,965 acres; a historic town; unique restaurants; art, Western stores, antiques, museums; free ski area/town bus service.



#### **Included trip highlights are:**

- **ROUNDTrip NONSTOP AIR: Dulles to Hayden, March 9, 9:15 am--11:34 am; Return: Hayden to Dulles, March 16, 1:00 pm--6:31 pm.**
- **AIRPORT TRANSFERS TO GRAND HOTEL.**
- **STEAMBOAT GRAND HOTEL – 7 NIGHTS, 2 PER ROOM – HIGH END HOTEL - POOL, SPA AND SAUNA, FULL SERVICES, STORES AND AMENITIES - WALKING DISTANCE TO GONDOLA, LIFTS AND PLAZA FOOD, DRINK, SHOPS AND ACTIVITIES.**
- **SKI TRANSFERS FROM GRAND TO SKI STORAGE NEAR GONDOLA.**
- **LIFT TICKETS – 5 DAYS.**
- **PRE-TRIP PARTY; WELCOMING PIZZA-TYPE INITIAL GET-TOGETHER; GROUP FAREWELL DINNER; HAPPY HOURS.**
- **ESTIMATED COST - \$2,700 per person. MINIMUM PARTICIPATION NECESSARY TO GUARANTY AIR AND LIFT TICKET GROUP ARRANGEMENTS.**
- Trip details and changes in trip coverage and pricing to meet individual needs are available, such as non-participation in air or different lift ticket arrangements and scheduling.

We seek trip cohesion, including coordinated group skiing and activities opportunities, as desired, in what should be a peak ski weather week. Steamboat offers daily no-charge skiing opportunities with volunteer guides, skiing possibilities with Billy the Kid and discounted lessons. It has a renowned children's program for any with younger family members. We shall advise group participants of non-skiing recommendations, including special Steamboat restaurants like Café Diva, Bistro CV, the 8<sup>th</sup> Street Steakhouse (grill your own steaks) and the Laundry. The trip is being actively coordinated by Doug Horstman of Encompasse Tours. For details please contact us ([rcjablon@aol.com](mailto:rcjablon@aol.com); [robert.jablon@spiegelmc.com](mailto:robert.jablon@spiegelmc.com)) and see Trip Addendum below.

*Bob and Cara*



## *Steamboat Springs PVS March 9-16, 2019 SKI TRIP Addendum*

PVS' Steamboat Springs ski trip will be between March 9 16, 2019. The trip's timing should allow for both good weather and good skiing conditions. As we state in the Steamboat Springs ski trip flier, with the help of Doug Horstman of Encompasse Tours, trip participants will have lodging in the Steamboat Grand, a superior hotel within walking distance of the ski slopes and plaza; non-stop air fare at a group rate; Hayden airport shuttle service; discounted ski tickets; and, most important, PVS member participation. Currently, nine people are committed. Additional attendees are invited and welcome.

The Grand Hotel has a near monopoly of what it calls "beautifully appointed" hotel rooms proximate to gondola square and the ski lifts. We have guaranteed two additional rooms to the five that are now committed. If the Grand has any vacant additional rooms available, it is obligated to make them available to PVS so that we can further increase our room reservations, but this additional vacant room availability is not guaranteed. **WE ARE LOOKING FOR A SINGLE MALE SKIER TO SHARE A HOTEL ROOM.**

We have 26 reserved air reservations. We can cancel space through November 30, 2019. We need ten reservations by people who will fly on the group fare to guaranty the group rate (including those with upgrades, but not including those who pay with frequent flyer tickets). If we are short, participants may have to book air transportation on their own or may have to pay a higher price. Airport shuttle service to and from the Grand will be provided in any event.

We need 20 participants to hold the group lift ticket pricing, but we need not specify final arrangements until February 1, 2018. Obtaining individual lift tickets, if necessary, should not be a problem.

Initial payments for new participants are \$600, which covers Grand Hotel deposits and is credited against Grand room rates. Additional payments will not be due until November 20, 2018.

The Steamboat Springs ski mountain has interesting, varied, well-serviced terrain in a unique Western town. We are working to achieve a successful trip.

*Bob and Cara*

  
THE STEAMBOAT  
GRAND



# Members' Corner



By J. David Warthen, Jr.  
[dwarthen@verizon.net](mailto:dwarthen@verizon.net)

## TOOT Distribution to 148 Members:

-pdf: 132; USPS: 2

### Thanks to:

- TOOT Layout Editor – J. Marx
- TOOT Coordinator - E. Thayer (Oct sub-N. McKinley)
- TOOT USPS - J. Read, & L. Triau
- Electronic TOOT - J. D. Warthen

**Roster Changes:** (contact [dwarthen@verizon.net](mailto:dwarthen@verizon.net))

Sincere thanks to Nancy **McKinley** for pitching in, for Ellie Thayer, as TOOT Coordinator for the October TOOT. This is a much appreciated behind-the-scenes job, which takes hours of tedious work each month. Ellie – safe travels abroad and much deserved fun!

As the ski season quickly approaches, many of us are taking advantage of last-minute vacations far and wide. After 4 months of tedious PT for a dislocated/separated shoulder on the Snowmass 2018 ski trip, 2 cataract/glaucoma surgeries, tedious hybrid contact lens/glasses fittings, and not being able to drive for 7 months, Marsha and I finally were able to get away to the beach. Since the red tide was in full bloom in Florida at the time, we decided to return to Virginia Beach. Fortunately, we were blessed with 4 perfect sunny days with a refreshing ocean breeze; and we then quickly escaped Florence. We visited many great restaurants and got our fill of delicious seafood. The R&R without computers and cell phones was refreshing.

October signals Fall with shorter days, cooler nights, end of the year holidays, and our blessed snow with skiing around the corner. Remember to sign up for a PVS ski trip(s) - Snowmass in January, Sun Valley in February, and Steamboat in March. Join in on the fun with your ski buddies. I am sure our devoted ski trip leaders have wonderful adventures planned for our enjoyment.



*Snowmass Mountain Chalet*



*Sun Valley*



*Steamboat*

## President's Message cont. from p 1 ---

Once formed, a naturally occurring mogul tends to grow as skiers follow similar paths around it, deepening the surrounding grooves. Because skiing tends to be a series of linked turns, moguls together create a bump field. 3. Places on ski slopes conducive to falling. (See Definition for "Terror.")

**CARVED TURN:** 1. A ski turning technique in which the skis shift from one side to the other on their edges. When edged, the side-cut geometry causes the ski to bend into an arc, and the ski naturally follows this arc shape to produce a turning motion. (Google definitions). 2. A parallel turn where a skier actually manages to make a smooth arc.

**CELL PHONE:** 1. A portable phone that is smarter than its user. Smart phones can be used for all sorts of communications except to answer telephone calls. This limitation is especially true for skiers. When skiers' cell phones ring, the phones are invariably in some jacket pocket that they cannot find or timely unzip. See definition for "Ski Jacket."

**CHAIR LIFT:** 1. A motor-driven conveyor used for transporting multiple skiers up a mountain, consisting of a series of usually bench seats hanging from a cable and likely to be swinging in extremely cold, blowing wind. 2. Chairlifts are safe *except* (a) when two or more people attempt to find a seat in the same spot on the chair, often the case; (b) when skiers must get onto a moving and turning chair as they are unsuccessfully looking backwards to see when the chair is coming; (c) when skiers remember that they did not detach their poles from their wrists just as they are sitting; (d) when the wind blows as the chair moves over an abyss; (e) when the electricity stops midway up the lift, nightfall is coming and a religious skier realizes that she cannot remain on the chair unchaperoned (this happened); (f) when getting off, the skier glides onto ice, grass or either a completely horizontal or completely vertical exit path; (g) when a skier's clothing gets caught in the chair as the lift operator regards the scene incredulously, but does not stop the chair; and (g) when skiers exit onto skiers who downloaded from a prior chair, who have fallen and are lying ahead (or afoot) on the snow. 3. Chairlifts help skiers find challenging slopes to recover items such as ski poles, cell phones and clothing that fell from the chairs to ungroomed terrain below.

**CHUTE:** A steep, narrow super-black trail, which some skiers think that they can ski. Some skiers direct other skiers down Chutes, saying, "Follow me." See definition for "Ski Patrol."

**CONSIGNMENT SHOP:** store where skiers can purchase allegedly inexpensive used items that they didn't know they needed.

**CREATIVITY:** 1. Skiers' description of their skiing activities and abilities. See definition for "Après Ski." 2.

Preferred definition: deleted as too political for this Skiers' Dictionary.

**CREDIT CARD:** Useful for all defined items herein, especially at Consignment Shops and Infirmaries.

**DEER VALLEY:** What skiers think about when they are looking at the expensive, dried food at other ski cafeteria lunch lines. "*A leisurely Deer Valley lunch followed by an afternoon's skiing is an experience that is truly hard to beat.*" (Inspired by the Oxford English Dictionary).

**DOWNHILL SKIING:** A form of skiing where electricity takes skiers to the top of a mountain and gravity takes them down. Downhill skiing is to be preferred to Cross-Country Skiing, where going up and down is work.

**EASY:** A ski trail that a skier wants someone else to ski.

**EDGE:** The side of skis, which skiers use to make beautiful turns or to press down in order to stop. If skiers edge too much, see definition for "Fall." Falling is better than edging for stopping except for Falling on steep mogul fields. On such fields skiers may slide to the bottom of the hill, backwards, *derrière* down. See definition for "Lessons."

**FALL:** 1. To descend freely by the force of gravity ([Merriam-Webster](#)). 2. To leave an erect position suddenly and involuntarily. (Id.) 3. Falling is distinguished from Crashing: skiers fall due to force majeure, non-preventable acts of God or nature. After falling, skiers find themselves mysteriously lying face down flat on the ground. Crashing is when snowboarders come from uphill or out of the woods hitting skiers and when, without signaling, trees propel skiers backwards.

**FALL LINE:** 1. An aptly named hypothetical ski slope line which goes most directly downhill. For example, the line down which water or a ball would travel driven by gravity absent impediments. Expert skiers and ski instructors follow the fall line; others Panic and Traverse. Because skiers must turn downhill to cross the fall line to prevent their accelerating, traversing towards the woods (see definition of "Traverse"), skiers must continuously turn downhill to cross the fall line. See definitions for "Panic" and "Lessons."

**FOOD:** A primary reason to ski. See definition for "Deer Valley."

**GET UP:** What skiers are supposed to do (a) in the morning so that they can ski and (b) when they have been skiing, but are now lying face down in the snow and do not know how they got there. See definition for "Fall."

**GOGGLES:** 1. Eyewear covering the eyes with protection and vents to prevent fogging. 2. Eyewear that fogs up.

**ICE:** A hard, frozen snow surface on which it is difficult for skiers to turn or slow down. Eastern ski areas have ice. Western ski areas deny that they have ice. See definitions of "Lessons" and "Creativity."

**INFIRMARY:** See definitions of "Fall" and "Ice." Also see the definition for "Credit Card."

**LIFT TICKET:** An easily lost, technologically advancing, proof of payment that allows skiers to use ski lifts. If lost, ski resorts often provide backup proofs of payment. These can also get lost. Lift tickets may be kept inside zipped ski jackets and become difficult to access or outside ski jackets and blow in skiers' faces before falling to the snow. The most advanced lift tickets conveniently open ski gates by magic or magnetism, regardless where they are on skiers except when they don't.

**MOGULS:** 1. Same as "Bumps." Please see definition above. 2. The term, "Moguls," is used instead of the term, "Bumps," by those who have attended good schools and want to convey this fact; those who ski in New England tournaments; those who take New England group lessons; and those who want to avoid prurient connotations of the word, "Bumps." 3. An Indian Muslim of or descended from one of several conquering groups with Mongol, Turkish and Persian origins, especially as in a great *mogul*; a great personage; a magnate. ([Merriam-Webster](#)).

**MONEY:** That which skiers no longer possess after skiing, including the purchase of Lift Tickets, Ski Jackets and well-deserved *Après Skiing* wine and drink. See definition for "Credit Card." In Skiing Economics see Accelerator Effect.

**OFF PISTE:** Ski terrain that skiers find by accident or on purpose that in law and medicine the ski resort should have owned and groomed.

**PANIC:** 1. Skiing the Fall Line. 2. Avoiding skiing the Fall Line by traversing.

**PARALLEL SKIING:** 1. Skiing with [skis parallel](#) to each other at all times. 2. Snowboarding. See definitions for "Fall" and "Snowboard."

**POLES:** 1. Usually metal sticks that attach skiers to the ground so that they are always holding on and cannot fall. (Skiers usually do not know that their poles are unattached to the ground.) 2. Sticks that skiers can hold onto so that they do not fall.

**RAIN:** 1. See definition for "Skiing Conditions – Spring Skiing." 2. More recently, see definition for "Skiing Conditions – Winter Skiing." (If no definition is provided herein, this is because of the concept's recency.)

**SEX:** Definitions are found in another, unabridged dictionary.

**SIDE STEP:** A call for help.

**SIDE SLIP:** A Side Step that doesn't work.

**SKI:** 1. A long board allowing skiers to pursue a form of walking. 2. A long board allowing skiers to pursue a form of sliding. 3. A long board allowing skiers to pursue a form of flying. Defined in the December, 2017 *TOOT* President's Message: "One of a pair of long slender pieces of wood fastened to the foot and used as a snowshoe, enabling the wearer to slide down hill with great speed." (Oxford English Dictionary (1971, unabridged ed.). Illustrated: "I have seen an expert skier go down a long steep hill with the swiftness scarcely equaled by a

bird, [s]eeming to touch or reach the sky." (1895 *Chicago Advance*); Mountains symbolize goodness, purity, and cleanness. Skiing on the snow is like a bird in the air. (Ernest Hemingway, *The Snows of Kilimanjaro*).

**SKI BOOTS AND BINDINGS:** Boots carefully designed to be hard to get into and out of. Ski Boot bindings lock skiers' boots into their skis, but are set to release when necessary for safety and only when necessary to release for safety, skiers hope. See definition of "Money," but see my beautiful new red Vermont ski boots. Discussed in President's Message, May, 2018 *TOOT*.

**SKIING CONDITIONS – PACKED POWDER:** non-existent ski conditions reported by ski areas to those who live elsewhere, cannot easily check actual conditions, and are considering booking.

**SKIING CONDITIONS – GRANULAR:** Ice.

**SKIING CONDITIONS – SPRING SKIING:** Rain.

**SKI JACKET:** Outer garment to keep skiers warm made from down or the most recent artificial fiber usually claimed to have been developed for astronauts and having many pockets with zippers that sometimes work. Ski Jacket pockets must be able to hold credit cards and money unless these are exhausted due to the price of the ski jacket. They also must be able to hold lesson and lift tickets; cell phones, including instructions for cell phone use and necessary phone numbers; ski maps; restaurant contacts; medical information, including ski patrol numbers, insurance cards, needed medicine, and lists of drugs skier is taking; sun screen; medicated sun burn ointment for when the sun screen does not work; a room key and, lest one forget, the name of the lodge where the skier is staying; a duplicate room key and a duplicate name of the lodge where the skier is staying; needed food and drink; ski goggles and glasses; appointment information; cameras to photograph expensive ski jacket and proof that the skier has made it to the slopes; and oil to grease zippers when they will not open. When purchasing Ski Jackets, one must be careful because one can get fleeced. But see Definition of "Consignment Shop."

**SKI LESSONS:** 1. Paid instructional encounter to tell skiers that prior instructors taught them all wrong. 2. Instructors will tell skier (a) to be relaxed; (b) to stand straight without swinging his or her upper body; (c) to follow the "Fall Line;" (d) to let the skis do the work and (e) to complete turns. Instructors do not teach highly effective "V-turns."

**SKI LODGE:** A place to lodge (and dine) on ski trips. Ski Lodges have an advantage to cruise ships in that they are in the same place after skiing that they were before skiing.

**SKI MAP:** A map of all ski trails on a mountain (some on an insert or on the back), which skiers cannot use when the map is needed, because the map is stuck, tangled or torn in a pocket of a ski jacket.

**SKI OUTFITS:** See definition for “Credit Card.”

**SKI PATROL:** Necessary when skiers need a ride on a motorized sleigh down the mountain. See definition of “Chute.”

**SKI SHOP:** A store often at or near a ski lodge where one generally goes to buy something and leaves with something else. See definition for “Money.”

**SLOPE:** In [mathematics](#), the slope or gradient of a [line](#) is a number that describes both the *direction* and the *steepness* of the line. In skiing, the gradient is covered with snow or even ice, the skier is locked onto waxed boards, and destiny pushes him or her downwards, gliding towards heaven or ...

**SNOW:** 1. Atmospheric water vapor frozen into ice crystals and falling in light white flakes or lying on the ground as a white layer. (Source: Oxford English Dictionary- Americanized). 2. Something soft to fall onto and lie down, resting. 3. Colorado and Oregon definition only: powder.

**SNOW BOARD:** Skis formed into a single ski or board to go downhill over snow. See definition for “Parallel Skiing.”

**STOP:** A means of stopping when a skier is going downhill, most aptly achieved by falling, but also, if a skier is skilled, achieved by turning and edging; executing a hockey stop; hitting or holding onto a tree or in extreme circumstances taking Lessons. Snowboarders stop by crashing into skiers.

**TREE SKIING:** Skiing between trees, best done where trees are far apart. May be accomplished by first stopping to drink martinis (see definition for “Stop”), but if this method is used, helmets are required.

**TERROR:** Extreme fear. See definition for “Fall Line.”

**TRAIL – GREEN:** An easy ski trail except for ice and the expert skiers racing towards the base.

**TRAIL – BLUE:** An intermediate ski trail used to get to ski lodges, restaurants and lunch.

**TRAIL – BLACK:** An expert ski trail easily reached from green and blue trails, especially by mistake.

**TRAIL – DOUBLE BLACK:** A ski trail entered in desperation when a skier cannot otherwise find the Ski Patrol. The Ski Patrol attends to skiers who cannot get up after being knocked over by expert skiers on Green Trails and skiers who are panicked in the middle of Chutes.

**WEDGE:** 1. A skiing term that is presented for here completeness. Wedged ski turn refers to a turn that is used solely by experts or beginners. 2. As in golf, a wedge is used when one is in a trap. However, in golf golfers use only one pole to get out of the trap. 3. In a Wedge the front ski tips are together and the tails are wide apart with the knees rolled slightly inwards. By applying pressure against the snow with the inside edges of the skis, the skier hopes that speed is reduced. (Modified from Wikipedia). To be contrasted with the V turn, which is this *lexicographer's favorite turn where at the last minute*

*one jerks in turning forming a perfect V. See Definition for “Lessons.”*

**PVS:** Potomac Valley Skiers – Our skiing community: “May the Force Stay with Us. “

*Bob Jablon*



**PVS Calendar 2018**

Oct 7 Sun Eclipse Concert, McKinley, Alexandria, VA, 3:00 PM  
 Oct 20 Sat Monthly Meeting, Ufholz, Bethesda, MD, 2:00 PM  
 Oct 23 Tue ExCom Meeting. Telephonic. 7:00 PM  
 Nov 11 Sun Monthly Meeting, Sun & Ski, Falls Church, VA, 6:00 PM-8:00 PM  
 Dec 1 Sat "Billy Elliot" at Signature Theatre, McKinley, Shirlington, VA, 2:00 PM



**PVS Ski Trips 2019:**



January 9-16, 2019  
**Snowmass, CO** (Kathy & Barry Lake)  
 February 2-9, 2019  
**Sun Valley, ID** (Inge Lesjak)  
 March 9-16, 2019  
**Steamboat Springs, CO** (Cara & Bob Jablon)

**Useful Ski "Links"**  
[Potomac Valley Skiers](#)  
[BRSC Sanctioned Trips](#)  
[DC Ski Online News](#)  
[Best of Times Ski Club](#)

**ExCom**

<p><b><u>Officers:</u></b>                  President – <i>Bob Jablon</i>                  V. President – <i>Janet Marx</i>                  Secretary – <i>Ellie Thayer</i>                  Treasurer – <i>Dick Schwartzbard</i>                  Ex Officio -  <b><u>Board Members:</u></b>  <u>First Term:</u>  <i>Melissa FitzGerald</i>  <i>John Holt</i>  <i>Barry Lake</i>  <u>Second Term:</u>  <i>Inge Lesjak</i>  <i>Nancy McKinley</i>  <i>Tom Tycz</i></p>	<p><b><u>Chairpersons:</u></b>                  Ski Trip Committee – <i>Rosemary Schwartzbard</i>                  Events – <i>Ray and Nancy McKinley</i>                  Membership Records – <i>Dave Warthen</i>                  Membership PR Reps – <i>Inge Lesjak &amp; Marianne Sophonis</i>                  TOOT Coordinator – <i>Ellie Thayer</i>                  TOOT Layout Editors – <i>Jan Marx, Kerry Hines &amp; Dave Warthen</i>                  TOOT (E-Distribution) – <i>Dave Warthen</i>                  TOOT (USPS Distribution) – <i>June Read &amp; Liz Triau</i>                  Webmaster – <i>Mary Ellena Ward</i>                  Meeting Records – <i>Sue Lyon</i>                  Historian – <i>Jan Marx</i></p>
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**Reminder:** It is club policy that contact information in the club's roster not be used for promoting personal business, for advertising, or for personal financial gain without the advance permission of the individual member to be contacted. Membership contact information shall not be distributed outside PVS.