

### PRESIDENT'S MESSAGE

We are in the midst of the holiday season, commencing with Thanksgiving and ending with New Year's Day. This is the time that Mary and I think about our traditions: Thanksgiving dinner with family and friends, gift shopping, holiday music and movies, concerts, early skiing, religious services and family visits.

It is amazing that so many of us have the desire to be with family and friends during this time of the year: to renew family ties, meet new family members and remember family and friends who have passed. This year PVS lost several members and it is the first year that our family will not have Mary's mother and some very close friends. We will have a different holiday experience but our memories will be with us through the season.

For many years, Mary and I and our two sons have celebrated the holiday with Mary's family in the foothills of the Berkshire Mountains in Massachusetts. There are Christmas Eve and day dinners at the lovely warm homes of Mary's sister or niece. Both houses are in the midst of "forests", as our Zac used to say. It is difficult to drive up to their homes because both are situated on dirt roads and steep hills. It is sometimes impossible to ascend their gravel driveways unless you have snow tires, because usually the ground is covered with snow or a snow/ice storm will descend whilst celebrating. There have been years when we did not have snow tires and could not ascend the hills. We would walk up, loaded with gifts and food, or someone with 4-wheel drive and snow tires would come down to rescue us. Even now, with snow tires, challenging the plowed hilly dirt roads and driveways were, and are, exciting rides, slipping and sliding all the way.

Spending the holiday in the woods of New England with snow on the ground or in the middle of a storm is very moving. The quiet and tranquility provide an opportunity to be in the moment and to reflect without distraction. There is something soothing about walking in a snowstorm in the woods. It calms one's spirit. May you find your own moving and tranquil experience this holiday season and enjoy the moment.

I wish everyone Happy Holidays and safe journeys.

Tom Tycz

Holiday Party, Tuesday Dec 10, 2019, 7:30pm @ the home of John & Blanca Hotaling 2807 N Beechwood Circle, Arlington, VA 22207 Jhotaling@me.com

Bring a Dessert or Appetizer A-K surname: Dessert L-Z surname: Appetizer No Door Fee, 703-525-4092 See page 2 for directions

#### **Directions to December Holiday Party at the Hotalings:**

--2807 N. Beechwood Circle is in north Arlington off of Military Road. To drive to Military Road from the beltway (from either direction), take the George Washington Parkway toward Washington. Take the Chain Bridge exit (Rt. 123N) and merge onto Chain Bridge Road. The road will dead end with Chain Bridge on the left and Glebe Road to the right. Turn right on Glebe Road and, near the top of the first hill, follow signs to Military Road, a right exit (you will be on N. Richmond Street), take a left on North Old Glebe Road and then another left onto Military Road. Proceed about 1.2 miles and turn left onto N. Beechwood Circle. Follow the same directions from Glebe Road if crossing Chain Bridge.

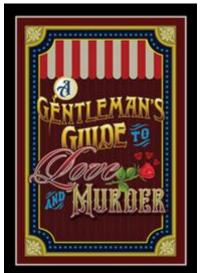
--If **coming from the south**, you may reach Military Road from the George Washington Parkway going north, Glebe Road going north, or Lee Highway going west. From the GW Parkway, take the Spout Run exit; take a right at the light onto Lorcom Lane, take a right at the 2nd light onto Military Road. Proceed about 1.2 miles and turn right onto N. Beechwood Circle. From Lee Highway, turn right onto Military Road, proceed about 1.3 miles, and turn right onto N. Beechwood Circle. From Glebe Road go north almost to Chain Bridge. Exit right onto Military Road and proceed about 1.1 miles and turn left onto N. Beechwood Circle.

--The house is the **second driveway** on the left (do not go into the circle). John and Blanca ask that the **driveway be reserved for handicapped and walking impaired guests. Others should park on Military or Beechwood and walk up the driveway**. John's cell: 703.867.4900 and Blanca's cell: 703.585.4047.

#### **Coming Event**

LITTLE THEATRE OF ALEXANDRIA 600 Wolfe Street Sunday, January 19, 2020, 3 PM

Are you among the growing ranks of PVS retired skiers? Why not brighten the dark days of January when you used to be out on the ski slopes by joining fellow PVSers for an afternoon at the LTA? We will see "A Gentleman's Guide to Love and Murder," a musical comedy described as "a murderous romp filled with music and non-stop laughs." An added advantage



is that parking is free and easy to find on Sunday afternoon. Send a check for \$34 to Shirley Rettig, 604 Princess St.,



Alexandria, VA 22314 to reserve your ticket. Please indicate if you would like to join the group afterward for an early dinner at one of Old Town's many restaurants.

PLEASE **respond** to Shirley Rettig by the end of December. <u>Shirley\_rettig@yahoo.com</u> or 703-836-0147.

P.S. Still-active skiers are welcome too! This date was chosen so as not to conflict with our ski trips.

## SKI TALK -- December 2019

Snowmass is No 1! According to the latest Ski magazine, Aspen Snowmass is "The Best" overall ski resort in the country. The rating includes diverse terrain, on-hill dining, ski instructors, hotels and the après-ski scene. Of course, we know that. PVS has been going to Snowmass almost annually for the past 20 years. I have heard many comments to the effect, that it is the "only place I really feel comfortable skiing."

New at Snowmass this year: There is a new eating place on the mountain: Sam's, an Italian



restaurant at the top of the Village Express and Sam's Knob lifts. You may also want to check out The Collective in Base Village where there is a new MoxiBar for cocktails and then dinner at Mix 6. There is a new W Hotel in Aspen that has a rooftop après venue looking out over the mountain. With all of the activities set up for our week in Snowmass with BRSC, it may be hard to do it all!

### LONGEVITY

This fall we are celebrating two members of our club who turn 100 years old. I have skied with each of them in the past few years. Both continue to be healthy and active. This, of course, brings up the question of how to extend your life. What are some of the things you might do? Here are some guidelines from the Health Section of the Washington Post, October 1, 2019.

- 1. Connect with People, have a Purpose: This must be important since these centenarians have been active members of our ski club. According to many studies, people who have strong relationships live longer than people who are isolated. People who live to old age have a strong sense of purpose and meaning in their lives.
- 2. **Exercise**: According to this article, the most important factor in long-term health is exercise. Even 10 to 15 minutes per day provides measurable rewards. About an hour a day is ideal. After that, the rewards level off. You don't have to run. Walking or other moderate activities give you a longevity boost. This is good news and you don't need a fixed number of steps to get the benefit.
- 3. Sleep: According to the experts, you can extend your life span while you sleep. Try to get at least 7-8 hours per night. Sleeping provides a kind of restorative maintenance of the brain. Try to keep a regular schedule and don't skimp on sleep.
- 4. Eat Right: Given what we know now, a Mediterranean diet with its heart-healthy emphasis on fish, vegetables, fruits, nuts, grains and limited red meat – is probably best.
- 5. Alcohol in Moderation: The studies are not definitive, but it seems that one or two drinks a day are not harmful. It may be that people who drink in moderation also engage in more social activities than people who never drink.
- 6. Manage Stress: Any strategies to diffuse stress, such as yoga, tai chi and meditation, can be helpful. Stress leads to inflammation, which is harmful.

What about genes? It turns out that how much of your life span is written in your genes ranges from less than



10% to 15%. Centenarians usually display some combination of both good genes and good luck, meaning they did not get cancer or have a heart attack or die in an accident. Longevity does run in families but some of the most powerful predictors of how long you will live are gender, race and zip code at birth. Women usually live longer than men. Being highly educated and coming from a wealthy background also correlates with a longer life span.

So, try to live a healthy lifestyle by exercising, eating well, drinking moderately, sleeping adequately and staying socially engaged. Continue to come to club activities and ski as long as you can.

Hope to see you on the slopes.

**Rosemary Schwartzbard** rosemaryschw@gmail.com



# **Potomac Valley Skiers**

# BRSC Snowmass, Colorado Ski Trip 2020

Saturday, January 25 – Saturday, February 1, 2020

# **Trip Details**

Once again, we will be staying at the Snowmass Mountain Chalet (SMC), which offers a convenient ski in, ski out location. Check the web-site, The "Land Only" package includes: transportation to and from Aspen airport (7am -11pm); 5 day Senior lift pass (good for all four ski areas in the Aspen complex, free shuttle bus) with option for extra days; 7 nights lodging (double occupancy); daily breakfast & soup lunch; luggage handling; a welcome reception; BRSC sponsored après ski events & a dinner, plus the NASTAR ski race. Additional nights at Snowmass are an option based on availability. Trip insurance is available through Encompasse Tours and is highly recommended. (Trail information.)

The basic package at \$1,820 includes a 5 day Senior lift pass for skiers 65 and over. Skiers under 65 will have to add \$81.00.

Costs:		Price
Basic Snowmass Package (65 and older)		\$1,820
Under 65	add	\$ 81
Single Supplement (1 person <b>only</b> in a room)	add	\$1,218
Extra hotel night (pending availability)	add	\$ 328 per room per night
Non-skiers	deduct	\$ 250
Extra ski days (65 and older)	add	\$ 82 for a <b>6 day Senior pass</b>
	add	\$ 150 for a <b>7 day Senior pass</b>
Under 65	add	\$ 196 for a 6 day Adult pass
Optional roundtrip air to Denver available		\$ 481 plus shuttle \$121

**Payment Schedule** \$300 deposit is due June 15th. Second payment of \$750 is due August 15th. Final payment is due September 15th.

#### **Planned Events**

PVS Welcome Reception BRSC Welcome Party NASTAR Race BRSC Après Ski Party BRSC Farewell Dinner & Dance

#### To sign up please send:

(1) Application form -- one per person or one per couple residing at the same address

(2) Deposit of \$300 per person and/or your payment due, and

(3) Signed Waiver of Liability Agreement by each party taking the trip

Checks should be made out to **Kathy Lake** and mailed to 11677 Fox Glen Drive, Oakton VA 22124 (Write <u>PVS Snowmass 2020</u> on the check memo line).

Kathy and Barry Lake are the trip leaders. For more information, feel free to contact us at 703-625-2715 or kathylakehomes@yahoo.com (Application and Waiver)



# AsiaFest with the Blue Ridge Ski Council and Pentagon Ski Club Base Trip - Feb 21-29, 2020 - \$3500.00

Inge Lesjak has signed up for this trip with Pentagon Ski Club and would like to encourage other members of PVS to join her in this adventure to Japan. As a current member of PVS you may sign up for trips with other BRSC clubs. This is an opportunity to experience the Japanese culture while enjoying some fantastic skiing. While you have to sign up with Pentagon on your own, Inge can coordinate activities with PVS members.

# Base Trip to Hakuba Ski Area - Japanese Alps

includes:

- Round-trip air transportation between Washington Dulles and Tokyo via ANA non-stop flights
- Meet & Greet at Tokyo Airport with local representative
- Transfer between Tokyo Airport and Hakuba via private coach with English speaking assistant
- Luggage transfer between Tokyo Airport and Hakuba Hotel
- 6 nights accommodation at Mominoki Hotel
- Late dinner at hotel on the evening of arrival
- Welcome reception at the hotel
- Daily full hot and cold breakfast buffet
- Dinner for 3 evenings during the week at the hotel
- Special Ezura Goryu Drumming and Dinner Show, including transportation
- Mid-week Apres-Ski Party
- Farewell Party, including a buffet dinner and DJ entertainment
- · Complimentary mountain escort for 3 hours on the first day of skiing
- Complimentary local guide at the hotel each evening to assist with day tours
- Optional day tours from Hakuba include Matsumoto Castle, Nagano Temple and Olympic Village, Saki Brewery, Snow Monkeys, and much more
- Transfer between Nagano and Tokyo via bullet train
- 1 night accommodation and breakfast at the Grand Takanawa Hotel Tokyo
- Transfer between hotel and Tokyo airport via private coach with English speaking assistant

There is also a pre trip to Niseko and a post trip to Tokyo and Kyoto.

You can download the Pentagon trip flier:



Let Inge know if you sign up for this trip. She will be the PVS Coordinator. Inge Lesjak cell: 703-869-7248. Email: <u>lesjak.inge@gmail.com</u> To sign up for this trip with Pentagon Ski Club, you must be a current member of PVS.

BRSC Airport Lodging & Parking Program for 2020

# PARK CITY – DEER VALLEY, March 7-14, 2020

Park City and Deer Valley are premier ski destinations. We invite PVS skiers and their friends to a unique PVS Park City – Deer Valley trip.



PARK CITY has varied terrain for all skiers. It has 348 trails, close to half of which are suited for intermediate skiers, 13 bowls and a 3,200-foot vertical drop with advanced and expert terrain. It now incorporates the Canyons ski area. *Park City has extensive skiing opportunities for everybody*. Known for its upscale amenities, including its fine mountain dining and shopping, DEER VALLEY claims to be the nation's premier ski resort. It has an uphill lift capacity of 50,470 skiers per hour. Notably, *Deer Valley does not allow snowboards* and limits ticket sales to prevent overcrowding.

PARK CITY's Main Street is on the National Register of Historic Places and is home to dozens of fine restaurants, bars, unique shopping experiences and art galleries.

#### **TRIP INCLUSIONS:**

- Seven nights' lodging at the Peaks Hotel Park City (two to a room), including lodging taxes and baggage handling. *The Peaks is a full-service hotel with pools, a sauna, fitness center and ski storage.*
- A MALE HOTEL ROOMMATE IS NEEDED.
- Daily breakfasts.
- Welcoming dinner Saturday, March 7th.
- Departing dinner Friday, March 13th.
- At least 3 Après Ski events.

**SLOPES TRANSPORTATION**: A city ski bus stops 21 steps from the hotel entrance. Busses come every 20 minutes. Also, the Peaks has a private Park City shuttle every hour on the hour and a Deer Valley shuttle every hour on the half hour.

AIR: Because of different travel and payment preferences, we do not include air transportation and airport shuttles. Doug Horstman of Encompasse Tours recommends Canyon Transportation, which can be booked online, for transportation between the airport and hotel.

LIFT TICKETS: Trip participants may want to ski four days at Park City and two at Deer Valley, but they can vary lift ticket purchases to meet preferences. Lift ticket prices vary with skier ages, the number of days of ski tickets purchased, ski areas, ski pass arrangements and the like. There are price discounts for 20 tickets, which need not necessarily be for the same day or person. Doug Horstman will package participants' lift tickets for convenience and will get the best available prices. We shall charge separately for ski lift tickets when they are purchased closer to the trip.

SIGN-UPS: The trip should be during a good ski weather week. We shall try to maximize trip cohesion and provide for coordinated group-participant skiing, good restaurants and other desired, joint activities. *ADDITIONAL POTENTIAL PARTICIPANTS SHOULD LET US KNOW AS SOON AS POSSIBLE SO THAT WE CAN ATTEMPT TO ENSURE HOTEL SPACE AND PRICING.* We have an extra room reserved effectively through November 26, 2019. Prices for included items - \$1,260 per person; single hotel room, use supplement - \$930 additional).

For answers to questions and additional trip details, please contact us (<u>rcjablon@aol.com</u>; <u>robert.jablon@spiegelmcd.com</u>) and see <u>Application Form</u> and <u>Waiver</u>.

BOB AND CARA JABLON

BRSC Airport Lodging & Parking Program for 2020

#### November 10, 2019 Monthly Meeting, Jannes Gibson's Home



The November monthly meeting was held at the lovely home of Jannes Gibson, nestled in a bucolic, woodsy setting in Potomac. After socializing and munching on delicious appetizers, President Tom Tycz called the meeting to order thanking Jannes

and, notably, sporting a 2007 Championship US Collegiate Skiing Association cap, an event where his niece and nephew were national collegiate slalom champions.

Marianne Soponis reported on upcoming events. Marianne and Nancy McKinley have arranged for a guided tour of the National Portrait Gallery on November 22. Among the portraits to be seen is the Michelle Obama portrait.



Following the tour, Rosemary Schwartzbard will organize a lunch at a nearby restaurant. In December, the Hotalings are again hosting the monthly meeting/holiday party. The meeting is an evening meeting on December 10. Going forward into the new year, Shirley Rettig is organizing a trip to the Little Theater of Alexandria to see "A Gentleman's Guide to Love and Murder" on January 19, 2020. Tickets are \$34.



It was announced that the January meeting is still in need of a host. There was some discussion during the socializing period for canceling the meeting because of the large number of members going on the Snowmass trip and the uncertain weather in January.

Rosemary reported on ski matters. She noted that the Snowmass trip in January has 38 PVS participants. More than 300 members of the Blue Ridge Ski Council (BRSC) are expected to attend. This is the last year for Nastar competitions at a BRSC ski trip and PVSers are encouraged to register for the competition. PVS members will be able

to attend the several BRSC-sponsored parties and dinners.



Inge Lesjak is going on the BRSC AsiaFest trip to Japan and is encouraging other PVS members to join her. So far, Liz Stutz is the only taker.

The Jablons are coordinating a March trip to Park City and Deer Valley. The deadline for firmly holding reserved rooms is the end of November, so PVSers were urged to sign up soon if interested. As usual, Bob and Cara will explore the area to find recommendations for good restaurants.

Dessert followed the meeting and hostess Jannes offered "doggie bags" that included pies, fruits, and vegetables for members to take home. A nice final touch.

Submitted by Kal Nossuli

# Visit to the National Portrait Gallery Friday, November 22, 2019

A hardy, rain-soaked group of fourteen PVS members gathered for a docent-led tour of the National Portrait Gallery for an abbreviated look at the myriad portraits detailing American history. Luckily, there were

complimentary lockers for our coats and umbrellas! The tour began in the glass-covered atrium, used for museum programs, also able to accommodate visitors who utilize the nearby café or just need a rest. During a recent renovation, tall metal pillars extending to the ceiling were stuffed with shredded blue jeans to improve audio capabilities. It seemed to work well!



We were introduced to a "fantasy portrait" of American inventors with some of their small-scale inventions



nearby – Morse, Goodyear, McCormick, etc. The artist portrayed what a meeting of these "Men of Progress" would look like, although the meeting never did take place. Similar explanations of information about portraits and their artists took place as we saw Walt Whitman, John Brown, Abraham Lincoln, George Washington, and the four female Supreme Court justices: Sandra Day O'Connor, Ruth Bader Ginsburg, Sonia Sotomayor and Elena Kagan. The tour concluded with a trip up to the second floor for

the many varied Presidential portraits and then to the third floor for portraits of The First Lady Michelle Obama and other influential or memorable women.

Afterwards, with the rain stopped, Rosemary Schwartzbard led us for several blocks to City Center which houses upscale boutiques and restaurants. We enjoyed lunch at DBDG, a restaurant with a famous chef from New York who, according to our waiter, had a daughter who got a job on Capitol Hill. To be nearer to her, he decided to open a



restaurant in DC! So we also were the beneficiaries of his culinary prowess.

We thank Nancy McKinley for organizing our trip but who had to leave early. There will be plenty to see next time!

> National Portrait Gallery



Marianne Soponis



J. David Warthen, Jr. dwarthen409@gmail.com

#### Merry Christmas & Happy Hanukkah!!!

Happy holidays to all. It is a great time of year for friends and family to gather and celebrate. Be sure to join in on the fun at the PVS Holiday Party at the home of our gracious hosts – the Hotalings.

Also, sign up for ski trips for the 2020 season. Choices are Aspen Snowmass, AsiaFest, and Park City-Deer Valley. Our thanks to our outstanding trip leaders, who do a terrific job.

#### **End of the Year Thank-Yous**:

This issue of TOOT is the last publication for the 2019 year and marks 54 years of our TOOT archive. Thanks go to the talented PVS TOOT Staff, led by Ellie Thayer, Coordinator; Layout Editors, Jan Marx, Kerry Hines, and Dave Warthen; and June Read, USPS TOOT distributor. Thanks also go to our webmistress, Mary Ellena Ward, cybertechnologist. We also thank numerous PVS writers for interesting TOOT articles throughout the year.

#### **TOOT Distribution to 120 Members:**

pdf: 108; USPS: 2 -TOOT Coordinator - E. **Thayer** -TOOT December Layout Editor - *J. D. Warthen* -TOOT Electronic - *J. D. Warthen* -TOOT USPS – J. **Read** 

Roster Changes: contact <u>dwarthen409@gmail.com</u>

#### **Congratulations to PVS Centenarians in 2019**:

PVS congratulates two special, amazing skiers.

Peter Talbot Russell Suzanne Boisclair

Happy Birthday and many more!!!

In Memory & Honor of Past Members for 2019:

Aina Hertelis Thomas, March 20 (93) Theresa Simone Malambri, May 6 (89) Frank V. Adamthwaite, Jr, July 20 (90) Giorgio Vittorio Borgiotti, August 17 (86) George Ignatz Birnbaum, September 12 (88) Salaheddin "Sal" Mahallati, November 2 (87)





# Salaheddin Mahallati in Memoriam

December 10, 1931 – November 2, 2019

Salaheddin (Sal) Mahallati, 87, of Herndon, Virginia and Silver Spring, Maryland, passed away peacefully surrounded by his family on Saturday, November 2, 2019. Sal is survived by his wife of 57 years, Leona (Lee) Hazen Mahallati; children Narges Noelle Topetzes, Sussan (Timothy) Kysela, Darius (David) Fontaine: Mahallati, Ladan and grandchildren Alexa and Julia Topetzes; Sophia and Dylan Kysela; Blake, Faith, and Katya Mahallati; and Keira, Ryan and Ella Fontaine; brothers Mozaffar and Moayed and sisters Rafieh and Niloufar Mahallati, and many nieces, nephews and extended family. He was predeceased in death by his

brothers Ezzeddin and Shokouh. Sal was loving husband. а father. grandfather, brother, uncle, and friend to many. He received his M.D. in 1959 from the University of Shiraz Medical School (affiliated with the University of Pennsylvania). Soon after graduating, he came to the United States for an internship at Bayonne Hospital in New Jersey. His plan was to return to Iran afterwards to use his medical education to serve the poor in Iranian villages. As Sal loved to say, he made two resolutions when he came to the United States: (1) not to stay in the United States because he wanted to give back

to the needy in Iran, and (2) not to marry an American so it wouldn't keep him from doing this. Within ten days of arriving in the United Sates, he met his lovely wife, Lee Hazen -- a first-year nursing student -- and all of his plans and promises to himself changed because he met the love of his life. He ended up marrying Lee, becoming a proud American citizen, raising four lovely children and taking care of countless other children through his practice as a well-loved pediatrician.

Between 1961 and 1964, Sal had residencies at Hahnemann University Hospital in Philadelphia, Pennsylvania; District of Columbia General Hospital in Washington, D.C.; and Johns Hopkins Hospital in Baltimore, Maryland. He also did a fellowship in Adolescent Medicine at Children's Hospital. Sal was appointed as a Clinical Professor in Georgetown University's School of Medicine, where he served the University for twenty-six years, and also received the Georgetown University Teaching Award in 1983 and 1984, as well as the Georgetown Vicennial Silver Medal in 1990.

Sal had a thriving medical practice in General Pediatrics and Adolescent Medicine for almost thirty years. Both his patients and their parents loved him for his intelligence, discernment and compassion. He was so well loved that his patients would invite him to their birthday parties – and later their weddings – and he would feel honored to attend. Children looked forward to coming to his office to see his latest "magic" tricks. So, instead of dreading doctor visits, his patients looked forward to being entertained as he

talked to the children and their parents while successfully distracting the children. He later carried this sense of lightness and humor to his grandchildren, who he saw on an almost daily basis once he and his wife, Lee, moved to Northern Virginia thirteen years ago.

Sal loved God and his family above all else. He stressed the importance of education in both his children and grandchildren, and encouraged all of them in their academic pursuits. In addition to family and his love of medicine, he was an avid skier. He took at least two major ski trips a year with

his wife out West, in Europe and other locations and was grateful for the many friendships he made with the Potomac Valley Ski Club, of which he was a member for many years.

Funeral services will be held at National Memorial Park, 7482 Lee Highway, Falls Church, Virginia 22042, at 11:00 a.m. on Tuesday, November 5, 2019, followed immediately by a burial and then lunch.

#### --Legacy.com

In lieu of flowers, donations may be made in honor of Sal Mahallati to:

- 1. The Alzheimer's Association, www.alz.org, 225 N. Michigan Avenue, Chicago, IL 60601; or
- Children's National Foundation, www.childrensnational.org, 111 Michigan Avenue, NW, Washington, D.C. 20001



#### **Reminiscences and Comments about Sal from PVS Members:**

Sal was definitely on the Andorra trip in 2012. That might have been his last PVS trip, but I'm not sure. Ray's and my comment is that Sal was one of the gentlest and nicest men we have ever known.

#### Nancy McKinley

--I am so saddened to hear that Sal has passed away on November 2nd. I have been praying for Lee and the family.

--I have brought up so many memories of Sal in the past years that make me smile.

--Firstly, when we all went to Andorra and we were at the counter at Dulles Airport. Lee and Sal were ahead of us and we heard the agent at the counter recognize Sal as her pediatrician! She was just so overjoyed! --Secondly, When we came to the Mahallati house for a game night with friends and Sal was just so very gracious and we laughed and had a great time with him and everyone.

--Thirdly, when we were in Andorra with PVS and we took Sal shopping with us (Lee and I)......he sat on a couch near the escalator while we went up to the 3rd floor to look for dresses for Lee's grand girls! Well, we came down another escalator and he wasn't there! We panicked! It wasn't Sal that was lost, it was US!!!!!! He was still lounging in the same place where we had parted with him.

--Lastly, when I had to lead a group out of Andorra due to the plane craziness, Lee and Sal were in my group. For some reason when we went to get on the plane together, they stopped Lee and Sal. Sal was just so gentle and calm about it all. Of course, I lost it and told them they would have to put 6 of us up for the night as we were not leaving without them, and they finally let them on the plane. He was just a gentle giant! --And lastly, how he laid in the freezing cold on a concrete lounger in Andorra outside a store while we were in there shopping and fell asleep!!!!!

--He was just the sweetest man anyone could have the privilege of knowing.

#### Louann Eadie

Sal and Lee were definitely on several of the Snowmass trips. David remembers many evenings spent playing backgammon with Sal. Sal was such a kind teacher that he would occasionally lose while he was imparting advice to improve David's game. While they were chatting one time, they talked about his medical career. It became obvious that Sal was a dedicated pediatrician. He told David that during his medial career he was most proud that he never turned away anyone because they couldn't pay. We will greatly miss him.

#### Carolyn and Dave DeVilbiss

Seldom does one have the privilege of meeting such a kind, caring, humble, and gracious gentleman as Sal. I will not forget his presence and example of how to live as a man should.

#### Dave Warthen

hosted - Jan Marx

From July 2012 when they



#### PVS 2019-2020 Calendar



- Dec 03 Tue EXCOM, telephonic at 7:00pm
- Dec 10 Tue Monthly Meeting/Holiday Party, Hotalings, Arlington VA at 7:30pm.
- Jan 19 Sun 2020 Little Theater of Alexandria, VA, Rettig, at 3:00pm

There is no monthly meeting in January 2020

#### PVS Ski Trips 2020:



January 25 - February 1, 2020 **Snowmass, CO** (Kathy & Barry Lake) March 7-14, 2020 **Park City – Deer Valley, UT** (Bob & Cara Jablon)

February 21-29, 2020 (base trip) with BRSC & Pentagon Ski Club AsiaFest, Japan (Inge Lesjak) Useful Ski "Links" Potomac Valley Skiers BRSC Sanctioned Trips (Norton blocks viewing by Safari) DC Ski Online News

ExCom

Officers:	Chairpersons:
President – <i>Tom Tycz</i>	Ski Trip Committee – Rosemary Schwartzbard
V. President – Kal Nossuli	Events – Nancy McKinley & Marianne Soponis
Secretary – Ellie Thayer	Membership Records – Dave Warthen
Treasurer – Dick Schwartzbard	Membership PR Reps – Inge Lesjak &
Ex Officio - Bob Jablon	Marianne Soponis
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<u>First Term</u> :	TOOT Layout Editors – Jan Marx, Kerry Hines
Jannes Gibson	& Dave Warthen
Jan Marx	TOOT (E-Distribution) – Dave Warthen
Mary Rose de Valladares	TOOT (USPS Distribution) – June Read
<u>Second Term</u> :	Webmaster – Mary Ellena Ward
Melissa FitzGerald	Meeting Records – <i>Sue Lyon</i>
John Holt	Historian – <i>Jan Marx</i>
Barry Lake	

Reminder: It is club policy that contact information in the club's roster not be used for promoting personal business, for advertising, or for personal financial gain without the advance permission of the individual member to be contacted. Membership contact information shall not be distributed outside PVS.